### **UW** Medicine



### **Medicines to Avoid Before Surgery**

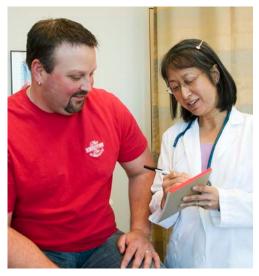
Stopping certain medicines or supplements to prevent bleeding problems

This handout lists specific medicines and supplements that you should avoid before your surgery. Please review with your doctor all medicines that you are taking.

#### Getting Ready for Surgery

To prevent bleeding problems, your doctor may want you to stop taking some prescription, nonprescription, and herbal medicines before your surgery.

Review with your doctor all medicines and supplements you are taking.



Before your surgery, make sure you review with your doctor all medicines and supplements you are taking.

IMPORTANT: Talk with your doctor BEFORE you stop taking these prescription anti-platelet drugs used to prevent blood clots, heart attack, or stroke:

- Aspirin
- Clopidogrel (Plavix)
- Dipyridamole (Persantine)
- Dipyridamole/aspirin (Aggrenox)
- Prasugrel (Effluent)
- Ticagrelor (Brilinta)

IMPORTANT: These prescription anticoagulant (bloodthinning) drugs require special instructions before you stop or restart taking them. Ask your doctor or Anticoagulation Clinic for instructions.

- Apixaban (Eliquis)
- Dabigatran (Pradaxa)
- Dalteparin (Fragmin)
- Edoxaban (Savaysa)
- Enoxaparin (Lovenox)
- Fondaparinux (Arixtra)
- Rivaroxaban (Xarelto)
- Warfarin (Coumadin)

#### **Avoid the Products Listed Below**

	u will need to avoid the products liste <b>r surgery</b> . Here are your specific	ted below <b>in the days before and</b> instructions from your doctor:
	Stop taking the products listed in the surgery.	is handout days <b>before</b> your
•	You may resume taking these produ	icts days after your surgery.
	You may take acetaminophen (Tyle pains.	nol) as needed for minor aches and
pro	ease note that the lists in this hoducts or supplements may also cau ur doctor if you have questions abou	
	Prescription pain-relief druother salicylates:	ıgs that contain aspirin or
	- Ascomp with codeine	- Percodan products
	- Carisoprodol compound	- Salsalate products
	- Empirin with codeine	- Soma products
	- Fiornal	- Trisalicylate products
	- Lanorinal	- Zorprin
	Prescription pain-relief drugs that contain nonsteroidal anti-inflammatory agents:	
	- Diclofenac (Volataren,	- Mefenamic Acid (Ponstel)
	Cataflam)	- Meloxicam (Mobic)
	- Etodolac (Lodine)	- Nabumetone (Relafen)
	- Fenoprofen (Nalfon)	- Naproxen (Naprosyn,
	- Flurbiprofen (Ansaid)	Anaprox)
	- Ibuprofen (Motrin)	<ul> <li>Oxaprozin (Daypro)</li> </ul>
	- Indomethacin (Indocin)	- Piroxicam (Feldene)
	- Ketoprofen (Orudis, Oruvail)	- Sulindac (Clinoril)
	- Ketorolac (Toradol)	- Tolemetin (Tolectin)
	- Meclofenamate (Meclomen)	
	Other prescription pain-rel	ief drugs:

- Celecoxib (Celebrex)

- Valdecoxib (Bextra)

## □ Nonprescription products that contain aspirin or salicylate:

- Alka-Seltzer products - Empirin

- Anacin - Excedrin products

Bayer products
 Buffasal
 Bufferin
 Buffinol
 Fem-prin
 Halfprin
 Miniprin
 Pain-off

- Doan's - Pepto-Bismol

- Durlaza - Saleto

- Ecotrin - St. Joseph Adult

- Ecpirin - Vanquish

### ■ Nonprescription products that contain nonsteroidal anti-inflammatory drugs:

Advil products
 Midol Extra Srength

Aleve productsIbuprofen productsNaproxen

# **Herbal Products and Other Natural Supplements**

**Starting 7 days before your surgery**, stop taking **ALL**:

- · Herbal products
- Natural supplements
- Vitamins
- Other supplements

You may start taking them again when your doctor says it is OK.

On the next page is a list of foods, herbs, and natural products that may cause extra bleeding. **These products are especially harmful to take if you are having surgery.** 

## □ Foods, natural supplements, and herbs that may cause bleeding problems during and after surgery:

- Agrimony - Dandelion - Onion

- Alfalfa - Danshen (salvia) - Pantethine

Aniseed - Devil's claw - Papain (papaya

Arnica
 Artemesia
 Dihydroepiandrosteroe
 (DHEA)
 Parsley

- Asafoetida - Dong quai (angelica) - Passionflower

- Bishop's weed - Fenugreek - Policosanol

- Bladderwrack - Feverfew - Poplar

- Bochu - Fish oil - Prickly ash
- Baghan - Flax seed - Quassia

- Bogbean - Gamma linoleic acid - Red clover

- Bromelains - Garlic - Resveratrol
- Ginger - Sea buckthorn

- Burdock - Ginger - Sea buckthon - Capsicum - Ginkgo - Sweet clover

- Cassio - Ginseng - Sweet woodruff

Celery seed
 Chamomile
 Glucosamine
 Horse chestnut
 Turmeric

Chinese - Horseradish - Vinpocetine wolfberry - Licorice - Vitamin E

Chondroitin
 Meadowsweet
 Wild carrot
 Clove
 Melatonin
 Wild lettuce

Clove - Melatonin - Wild lettuce
 Cod liver oil - Melilot - Willow bark

Coltsfoot - Nattokinase

#### **Questions?**

Your questions are important. Call your doctor or healthcare provider if you have questions or concerns.

UWMC Outpatient Pharmacy: Call 206.598.4363

☐ UW Medicine Sports Medicine Center: Call 206.598.DAWG (3294) and press 8

☐ Seattle Cancer Care Alliance Pharmacy: Call 206.288.6500