University of Washington
Department of Orthopaedics and Sports Medicine
Shoulder and Elbow Service

2022-2023 Shoulder and Elbow Fellowships
Who are We?

Department of Orthopaedics and Sports Medicine

The fellowship-trained surgeon faculty members of the University of Washington Department of Orthopaedics and Sports Medicine provide expert and personalized surgical approaches to the bone and joint problems that threaten the comfort and function of thousands of individuals each year. These surgeons combine decades of experience, knowledge of the world’s literature, and their own cutting edge research to optimize approaches to the vast range of conditions that can be effectively managed by arthroscopic surgery, arthritis and arthritis surgery, foot and ankle surgery, hand and wrist surgery, hip and knee reconstruction, pediatric orthopaedic surgery, shoulder and elbow surgery, spine surgery, orthopaedic trauma surgery, as well as tumor surgery and post surgical reconstruction.

Shoulder and Elbow Service

The Shoulder and Elbow Service, a specialty service of the Hand, Elbow & Shoulder Center at UWMC Roosevelt, provides comprehensive evaluation and management for a wide range of shoulder and elbow problems, including:

- Arthritis of the shoulder
- Arthritis of the elbow
- Dislocation or instability
- Rotator cuff tear
- Joint stiffness
- and complex revision surgery of failed prior procedures

We offer a full spectrum of shoulder and elbow surgeries, from arthroscopy and minimally-invasive procedures, to complex fracture work, partial replacement (hemiarthroplasty) and complete replacement (total shoulder or elbow arthroplasty, as well as reverse shoulder arthroplasty).

Nationally Recognized Program

The Shoulder and Elbow Service is recognized as one of the Nation’s leading academic and clinical Shoulder and Elbow programs.
Our physicians and research programs lead the way in innovative care for shoulder and elbow problems. We are constantly developing new, more effective methods for evaluating and treating our patients.

Our Approach

Our team of specialty-trained physicians, therapists, physicians’ assistants, and nurses uses a multidisciplinary approach in caring for patients, with easy access to other world-class experts at UWMC (pictured below) who can assist with diagnosis and treatment plans.

Management options can range from simple exercises to major reconstructive surgery performed at UWMC, where specially trained nurses and anesthesiologists work with us to ensure quality patient care before, during, and after surgery. Our goal is maximum recovery of joint function. The physical therapists in the Exercise Training Center, located at UWMC Roosevelt, offer non-surgical care and post-surgical rehabilitation programs.

Advanced Clinical Experience (ACE) in Shoulder and Elbow Surgery

We are proud of our program and of the many graduates who have become international leaders in this exciting field. Our program is of one to two years in duration, and we typically have two ACEs each year. The experience includes in-depth participation in patient care, teaching, basic science research and clinical outcomes studies. Our goal is to help advance the careers of individuals who are committed to (1) a practice consisting of over 50% shoulder and elbow cases, (2) continuing active research and publication in the field of shoulder and elbow surgery, and (3) qualifying for membership in the American Shoulder and Elbow Surgeons (ASES).
Clinical

Our patients come from a wide area, predominantly the states of Washington, Montana, Idaho, and Alaska. Most are seen at our main clinic, the Hand, Elbow & Shoulder Center at UWMC - Roosevelt and at our Sports Medicine Center at Husky Stadium (pictured below). Their problems range from straightforward traumatic instability to complex revisions of shoulder and elbow arthroplasty. Approximately 85% of our clinical work is devoted to the shoulder region and 15% to the elbow. While our primary clinical goal is to offer excellent service to the referring physicians and patients of our region, we are increasingly serving patients from all across the United States. We perform an average of 450 shoulder and elbow procedures per year and see an average of 3,500 outpatient visits per year. The ACEs have their own clinics concurrent with those of the faculty and provide call coverage at the University of Washington Medical Center.

Teaching

Our educational commitment is to provide students, residents, post-graduates, and practicing physicians the most up-to-date information and techniques on the evaluation and management of shoulder and elbow disorders. The ACEs play a critical role in the education of the junior resident and the chief resident on the Shoulder and Elbow Service.

Research

We are actively engaged in clinical research through the usage of a standard computerized database, as well as morphologic research and biomechanical investigations. We have established a clinical outcome database called “Codman” which collects initial and follow-up functional outcome measures for the shoulder and elbow, as well as patients’ general health status. Each ACE participates actively in research and is expected to publish at least four peer-reviewed articles based on their year’s work.
Frederick A. Matsen III, MD
Professor

Dr. Matsen, ranked as a “Top Doctor” in the category of “Orthopaedics” according to Seattle Magazine, has dedicated his entire professional life to developing excellence in Orthopaedics and Sports Medicine at the University of Washington. Starting with his residency here in 1971, he developed an interest in shoulder and elbow reconstruction. A fellowship with the father of modern shoulder surgery, Dr. Charles S. Neer II, confirmed his lifetime commitment to improving the art of care for patients with simple and complex problems involving the shoulder and elbow.

He has partnered with Charles Rockwood, a fellow Texan, in editing the definitive text in shoulder surgery The Shoulder, now in its fifth edition from Saunders. He has also written Practical Evaluation and Management of the Shoulder and most recently, along with a former shoulder fellow Steve Lippitt, has published Shoulder Surgery: Principles and Procedures, also published by Saunders.

He is the former chair of the Department of Orthopaedics and Sports Medicine, a position he held from 1986 to 2009, making him amongst the longest tenured chairs of clinical departments at the University of Washington. During his tenure the Department has risen to being one of the top Departments according to rankings by U.S. News and World Report and by the National Institutes of Health. These dramatic accomplishments are a direct result of the wonderful faculty, staff, residents, fellows, postdoctoral students, graduate students, alumni and benefactors that have together made the Department what it is today.

Currently, his research includes work on Cutibacterium, a relatively slow-growing bacterium. Collaborating with Drs. Hsu, Pottinger, Butler-Wu, and Bumgarner, Dr. Matsen has published original research on these bacterial cultures found in revision shoulder arthroplasties. In addition, he continues his work on conflict of interest questions, chondrolysis and pain pumps, impingement syndrome, and glenohumeral arthritis. He is currently committed to providing quality free information to the world on shoulder arthritis and rotator cuff tears via the Shoulder Blog (www.shoulderarthritis.blogspot.com) which recently passed 1,500,000 page views from over 100 countries.
Cutibacterium

Propionibacterium acnes (now known as Cutibacterium) is commonly recovered from explants or surrounding tissues in revision shoulder arthroplasty. Rather than attempting to differentiate a true infection from a false-positive result on the basis of the number of positive cultures, we characterized the amount of these bacteria in each specimen and shoulder.


Publications

Dr. Frederick Matsen has written and edited a number of books on Orthopaedic Surgery (please see here). To see more of his peer reviewed publications, please click here for a bibliographic listing on Pubmed.
Prior to joining the University of Washington, Dr. Warme worked as an academic orthopaedic surgeon in the US Army. His time in the military began as an enlisted Special Forces Medic. Subsequently, he attended college at the University of Colorado and medical school at the Uniformed Services University of the Health Sciences. His time working with elite troops and athletes fostered an interest in sports medicine, with special focus on shoulder and elbow problems. Dr. Warme completed a fully accredited fellowship with Dr. Robert A. Arciero at West Point, NY, in 1998. During COL Warme’s tenure he was a program director for a residency program and a chair of orthopaedic surgery at an Army Medical Center. He served in Operation Iraqi Freedom and received many awards and decorations during his 24 year career.

In 2005, Dr. Winston Warme was a American Orthopaedic Society for Sports Medicine (AOSSM) Traveling Fellow.

In 2007, Dr. Warme joined the University of Washington Department of Orthopaedics and Sports Medicine. The following year he took on the responsibilities of running the Shoulder and Elbow Service as Chief, as well as Program Director in charge of the Shoulder and Elbow Fellowship Program. Since then, he has brought in over $300,000 grant funds for the fellowship program.

Most recently, he was awarded the UW Medicine Cares Award (pictured right at the award ceremony with his wife Jeanne). The award was established in 2013 to formally recognize and celebrate the accomplishments and excellences of those in the UW Medicine community who consistently exemplify the Patients Are First Service Culture Guidelines – professional standards that ensure that anyone who encounters UW Medicine receives the same great care and service throughout the system.

Joining the Shoulder and Elbow Service in the Department of Orthopaedics and Sports Medicine at the University of Washington has allowed Dr. Warme to continue to provide optimal care to patients, while also continuing to teach orthopaedic surgeons-in-training and to forward his research efforts.
The Simple Shoulder Test (SST) is a brief, inexpensive, and widely used patient-reported outcome tool, but it has not been rigorously evaluated for patients having shoulder arthroplasty. The goal of this study was to rigorously evaluate the validity of the SST for outcome assessment in shoulder arthroplasty using a systematic review of the literature and current and past research.


Publications

Dr. Winston Warme has written numerous peer reviewed publications, please click here for a bibliographic listing on Pubmed.
Albert O. Gee, MD  
Associate Professor

Albert Gee is a sports medicine and shoulder surgeon with specialty training in the care of the injured athlete. He attended medical school at Washington University in St. Louis and completed his training in orthopaedic surgery at the University of Pennsylvania - the oldest training program in the United States. Dr. Gee completed a fellowship in sports and shoulder surgery at the prestigious Hospital for Special Surgery in New York City where he served as assistant team physician for the NBA’s New Jersey Nets. He then served as a member of the medical staff of the U.S. Open Tennis Tournament and served as an assistant team physician for the Iona College Gaels.

His clinical interests include treating shoulder injuries, knee ligament injuries (ACL, PCL, MCL, LCL), and athletic ankle problems. His research interests include ligament and tendon biomechanics and mechanobiology, meniscus and cartilage tissue engineering, and shoulder instability and reconstruction.

Dr. Gee (pictured below with our Department Chair Dr. Howard Chansky) is a member of the American Academy of Orthopaedic Surgeons, American Orthopaedic Society for Sports Medicine, and the Arthroscopy Association of North America.

He has been published in multiple peer reviewed periodicals including the *Journal of Hand Surgery, American Journal of Orthopaedics, Biomaterials, Journal of Orthopaedic Trauma, Techniques in Knee Surgery*, as well as *The American Journal of Sports Medicine* among others.

Most recently, he has published original research on bone plug versus suture only fixation of meniscal grafts, a review of the published evidence on factors associated with repair integrity and clinical outcome of rotator cuff repairs, and an article on medial ulnar collateral ligament reconstruction.
Evidence is limited regarding the complications and outcomes after medial ulnar collateral ligament (UCL) reconstruction. The published data regarding this procedure are composed predominantly of small Level-III and IV retrospective studies for which meta-analysis is not generally useful. Meta-regression is an alternative technique to identify variables across multiple publications that have an effect on published outcomes and complication rates.

Somerson JS, Petersen JP, Neradilek MB, Cizik AM, Gee AO. Complications and Outcomes After Medial Ulnar Collateral Ligament Reconstruction: A Meta-Regression and Systematic Review. JBJS Rev. 2018 May;6(5):e4. (Click on image above right for article.)

Publications

To see more of Dr. Albert Gee’s peer reviewed publications, please click here for a bibliographic listing on Pubmed.
Dr. Jason Hsu is the newest member of our shoulder and elbow team. He joined our department in September 2014. Jason attended medical school at Northwestern University and then completed his residency at the University of Pennsylvania. During his residency, he spent one year in the McKay Orthopaedic Research Laboratory focusing on research involving tendon and ligament injury, repair, and healing. He was also the recipient of the DeForest Willard Award for Outstanding Chief Resident, the Joseph P. Iannotti Award for Excellence in Shoulder Surgery, and the Stanley Chung Award for Excellence in Research. He also participated in the AAOS/OREF/ORS Clinician Scholar Development Program in preparation for an academic career. Prior to joining the University of Washington, he completed a one-year fellowship in shoulder and elbow surgery at Washington University in Saint Louis.

Dr. Hsu specializes in both arthroscopic and open shoulder and elbow surgery. His expertise is in arthroscopic rotator cuff repair, revision rotator cuff repair for failed repairs, complex reconstructive procedures for irreparable rotator cuff tears, arthroscopic surgery for shoulder dislocations and instability, open procedures for previous failed instability repair, shoulder replacement surgery, reverse total shoulder arthroplasty, surgical treatment for painful and infected shoulder replacements, and complex reconstructive procedures for failed shoulder surgery.

His research interests include work on the basic science of tendon and ligament healing. He also collaborates with Dr. Matsen (pictured with Dr. Warme, former fellows Dr. Ian Whitney and Dr. Robert Lucas, as well as Dr. Hsu) and colleagues in infectious diseases and microbiology to better understand the diagnosis and the management of Cutibacterium in shoulder arthroplasty. He is also involved in shoulder arthroplasty outcomes research.

He has published original research in multiple peer reviewed periodicals including the Journal of Shoulder and Elbow Surgery, the Journal of Bone and Joint Surgery, Clinical Orthopaedics and Related Research, Arthroscopy, Journal of Orthopaedic Research, and Journal of Biomechanics.
While glenoid retroversion and posterior humeral head decentering are common preoperative features of severely arthritic glenohumeral joints, the relationship of postoperative glenoid component retroversion to the clinical results of total shoulder arthroplasty (TSA) is unclear. Studies have indicated concern for inferior outcomes when glenoid components are inserted in 15° or more retroversion.


Publications

Dr. Jason Hsu has authored many peer reviewed publications in orthopaedics. To see more of his publications, please click here for a bibliographic listing on Pubmed.
Our Facilities

University of Washington Medical Center
Surgery Pavilion & Hand, Elbow & Shoulder Center at UWMC - Roosevelt

The University of Washington Orthopaedics and Sports Medicine Shoulder & Elbow Service operates on patients at the Surgery Pavilion at the UWMC (pictured at right). In addition, we run an ambulatory surgery center at the Hand, Elbow & Shoulder Center over on Roosevelt Way (lower right).

The UWMC is a 529-bed general medical and surgical facility with 18,964 admissions in the most recent year reported. With 5,595 employees, our hospital had 341,014 clinic visits and its emergency room had 27,730 visits.

Every effort is being made to perfect the ideal patient experience in the UW Medical Center Surgery Pavilion - including convenient parking, one-stop patient registration inside, Internet access in spacious, light-filled lobbies, and operating rooms and clinics featuring the most advanced technology available. “With the Surgery Pavilion, our goal was to establish a new standard for surgical care and training in the Northwest,” said Dr. Mika Sinanan, UW Professor of Surgery. “In designing the building and its clinical operations, we have sought to foster operational efficiency and create an ideal environment for our patients, physicians, students, and staff.”

Dr. Frederick Matsen and Dr. Jason Hsu both see patients at UWMC Roosevelt and operate at the Surgery Pavilion. Dr. Winston Warme operates on patients at both the Surgery Pavilion and UWMC Roosevelt.

The Shoulder and Elbow fellows routinely see patients at UWMC Roosevelt. They operate with Dr. Matsen and Dr. Hsu at the Surgery Pavilion and with Dr. Warme at both locations.
Sports Medicine Center at Husky Stadium

As team physicians for the UW Huskies, our expertise is in treating athletic injuries. We are committed to providing care to injuries sustained at all levels of physical activity... whether a weekend basketball-warrior, recreational skier, experienced mountaineer, or professional athlete. At our sports medicine center, we offer innovative, advanced and minimally-invasive treatment options to get active individuals “back in the game”.

Our new sports medicine center opened in the renovated Husky Stadium in September 2013. Here, we provide evaluation, prevention and treatment of sports or exercise-related injuries, surgical and specialty care of the shoulder; elbow; hip; back; knee; ankle and foot; hands and wrist; and back-related problems, arthroscopic and minimally-invasive surgery, ultrasound diagnostics and platelet-rich-plasma (PRP) treatments, advanced exercise training programs; performance and sports health analytics; and physical therapy/rehabilitation for returning to activity, brace-fitting; custom orthotics; splinting; casting and bike-fitting; nutritional support; and sports psychology.

From our Shoulder and Elbow Service, you will find Dr. Albert Gee seeing patients in his outpatient clinics here.

Eastside Specialty Center

UW Medical Center’s Eastside Specialty Center provides residents of Bellevue and neighboring communities outpatient treatment, including minor procedures from some of the region’s finest physicians.

The ESC provides:
• Surgical and nonsurgical approaches to injuries and disorders affecting bones, joints and organs
• On-site rehabilitation specialists and physical therapists to help manage patients’ recoveries
• Quick-turnaround lab tests and onsite diagnostics for cardiology and vascular surgery
• A majority of pre-operative tests and post-op care as a convenience for people who live and work on the Eastside, even though patients’ surgical procedures take place at the UW Medical Center.

Dr. Winston Warme conducts an outpatient clinic here every Monday. Dr. Jason Hsu has a monthly clinic here on Thursdays.
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<th>Day</th>
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<th>WARME/GEE ROTATION</th>
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<td>PM Hsu BJC Clinic</td>
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<td>6:30 AM Case Conference</td>
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Kofi Agyeman, MD
Dr. Agyeman joins us from the University of Miami where he worked with Drs. Eismont, Dodds, and Levy.

Pager 206-540-5322
Email kofia@uw.edu

Richard McLaughlin, MD
Dr. McLaughlin joins us from the Mayo Clinic where he worked with Drs. Steinmann, Sperling, and Turner.

Pager 206-994-8750
Email mclaughr@uw.edu
## Past Shoulder and Elbow ACEs

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<th>Year</th>
<th>Name 1</th>
<th>Affiliation 1</th>
<th>Address 1</th>
<th>Name 2</th>
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<td>2019-2020</td>
<td>Rufus Van Dyke, MD</td>
<td>MultiCare Covington</td>
<td>17700 SE 272nd Street, Suite 165, Covington, WA 98042</td>
<td>John Wu, MD</td>
<td>Hand to Shoulder Specialists of Wisconsin</td>
<td>525 W. River Woods Parkway, Suite 230, Glendale, WI 53212</td>
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<td>2018-2019</td>
<td>Matthew Napierala, MD</td>
<td>Northeast Orthopaedics and Sports Medicine</td>
<td>12709 Toepperwein Road, Suite 101, San Antonio, TX 78233</td>
<td>Benjamin Woodhead, DO</td>
<td>Lincoln Orthopedic Center</td>
<td>6900 A St, Lincoln, NE 68510</td>
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<td>2017-2018</td>
<td>Devin Ganesh, MD</td>
<td>Windward Orthopaedic Group</td>
<td>30 Aulike Street, Suite 201, Kailua, HI 96734</td>
<td>Amy Ravindra, MD</td>
<td>Northside Hospital</td>
<td>200 Howard Farm Dr., Suite 305, Cumming, GA 30041</td>
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<td>2016-2017</td>
<td>Daniel Hackett, MD</td>
<td>Kentucky Bone &amp; Joint Surgeons</td>
<td>230 Fountain Court, Suite 180, Lexington, KY 40509</td>
<td>Ian MacNiven, MD</td>
<td>Stanton Territorial Hospital</td>
<td>550 Byrne Rd, Yellowknife NT X1A 2N1, Canada</td>
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<td>2015-2016</td>
<td>Benjamin Service, MD</td>
<td>Orlando Health</td>
<td>7243 Della Dr, Floor 2, Suite 1, Orlando, FL 32819</td>
<td>Jeremy Somerson, MD</td>
<td>University of Texas Medical Branch</td>
<td>301 University Boulevard, Galveston, TX 77555</td>
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<td>2014-2015</td>
<td>Robert Lucas, MD</td>
<td>East Bay Shoulder Clinic and Sports Rehabilitation Clinic</td>
<td>3717 Mt. Diablo Blvd Ste 100, Lafayette, CA 94549</td>
<td>Ian Whitney, MD</td>
<td>South Texas Orthopaedic</td>
<td>1907 Hwy 97 E Ste 250, Jourdanton, TX 78026</td>
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<td>2013-2014</td>
<td>Yaw Boachie-Adjei, MD</td>
<td>Southeast Permanente Medical Group</td>
<td>3495 Piedmont Rd NE, Atlanta, GA 30301</td>
<td>Andrew Pastor, MD</td>
<td>The Everett Clinic</td>
<td>21401 - 72nd Ave W, Edmonds, WA 98026</td>
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<td>Matthew McElvany, MD</td>
<td>Kaiser Permanente Santa Rosa</td>
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<td>Erik McGoldrick, MD</td>
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<td>Bradley Carofino, MD</td>
<td>Atlantic Orthopaedic Specialists</td>
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<td>Matthew Jenkins, MD</td>
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<td>Mark McKenna, MD</td>
<td>First Flight Orthopaedics &amp; Sports Med</td>
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<td>Anastasios Papadonikolakis, MD</td>
<td>Wake Forest Baptist Med Ctr</td>
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<td>Erica Burns, MD</td>
<td>Providence Orthopaedics</td>
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<td>Deana Mercer, MD</td>
<td>University of New Mexico</td>
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<td>Jeremiah Clinton, MD</td>
<td>Providence Orthopedics</td>
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<td>Joseph Lynch, MD</td>
<td>The Shoulder Clinic of Idaho</td>
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<td>2006-2007</td>
<td>Ryan T. Bicknell, MD</td>
<td>Queen’s University</td>
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<td>Kennedy-White Orthopaedic Center</td>
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<td>2004-2005</td>
<td>Amy K. Franta, MD</td>
<td>Meriter Orthopedic Clinic</td>
<td>2275 Deming Way Suite 180, Middleton, WI 53562</td>
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<td></td>
<td>Tim R. Lenters, MD</td>
<td>River Valley Orthopedics</td>
<td>350 Lafayette Ave. SE, Grand Rapids, MI 49546</td>
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<td>2003-2004</td>
<td>Ben DuBois, MD</td>
<td>Grossmont Orthopaedics</td>
<td>5565 Grossmont Center Drive, La Mesa, CA 91942</td>
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<td></td>
<td>Emma Woodhouse, MD</td>
<td>Kaiser Permanente</td>
<td>43112 - 15th St W, Lancaster, CA 93534</td>
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<td>2002-2003</td>
<td>Ira M. Parsons, MD</td>
<td>The Knee, Hip and Shoulder Center</td>
<td>333 Borthwick Ave. Suite 301, Portsmouth, NH 03824</td>
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<td></td>
<td>Robert Titelman, MD</td>
<td>Resurgens Orthopaedics</td>
<td>5671 Peachtree Dunwoody Rd Ste 700, Atlanta, GA 30342</td>
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<td>2001-2002</td>
<td>Richard S. Boorman, MD</td>
<td>University of Calgary</td>
<td>8330 Hospital Dr NW, Calgary, Alberta T2N 4N1</td>
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<td></td>
<td>Edward J. Weldon, MD</td>
<td>Straub Clinic &amp; Hospital</td>
<td>888 S King St, Honolulu, HI 96813</td>
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<td>2000-2001</td>
<td>R. Sean Churchill, MD</td>
<td>Aurora Medical Center - Grafton</td>
<td>975 Port Washington Road, Suite 110, Grafton, WI 53024</td>
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<td>Edward V. Fehringer, MD</td>
<td>Columbus Comm Hosp</td>
<td>4508 - 38th Street, Suite 133, Omaha, NE 68601</td>
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<td>1999-2000</td>
<td>Samer S. Hasan, MD, PhD</td>
<td>Cincinnati Sportsmedicine &amp; Orthopaedic Center</td>
<td>3713 Kensington Ave, Burnaby, BC V5B 3B8, Canada</td>
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<td>1998-1999</td>
<td>Benjamin Goldberg, MD</td>
<td>University of Illinois at Chicago Medical Center</td>
<td>835 S. Wolcott Ave, Chicago, IL 60612-7342</td>
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<td>Jordan Leith, MD</td>
<td>Fortius Sport &amp; Health</td>
<td>3713 Kensington Ave, Burnaby, BC V5B 3B8, Canada</td>
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<td>1997-1998</td>
<td>Richard Rozencwaig, MD</td>
<td>Ortho Care &amp; Sports Med Ctr</td>
<td>21000 NE 28th Ave Ste 104, Aventura, FL 33180</td>
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</table>
1996-1997  David Duckworth, MD  
Sportsmed West  
116 Macquarie Street  
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Australia

1995-1996  Kevin L. Smith, MD  
Northwest Hospital  
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1988-1989  Douglas T. Harryman II, MD
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1. Get on WA-518 E from Airport Expressway
2. Take I-5 N to Montlake Blvd E in Seattle. Take the Montlake Blvd exit from WA-520 E
3. Continue on Montlake Blvd E to your destination
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  Front Desk (206) 598-4288
  Backline (206) 598-9787

Sports Medicine Clinic
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  Front Desk (425) 646-7777
  Backline (206) 520-2200

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