



UW Medicine

ORTHOPAEDICS
AND SPORTS MEDICINE

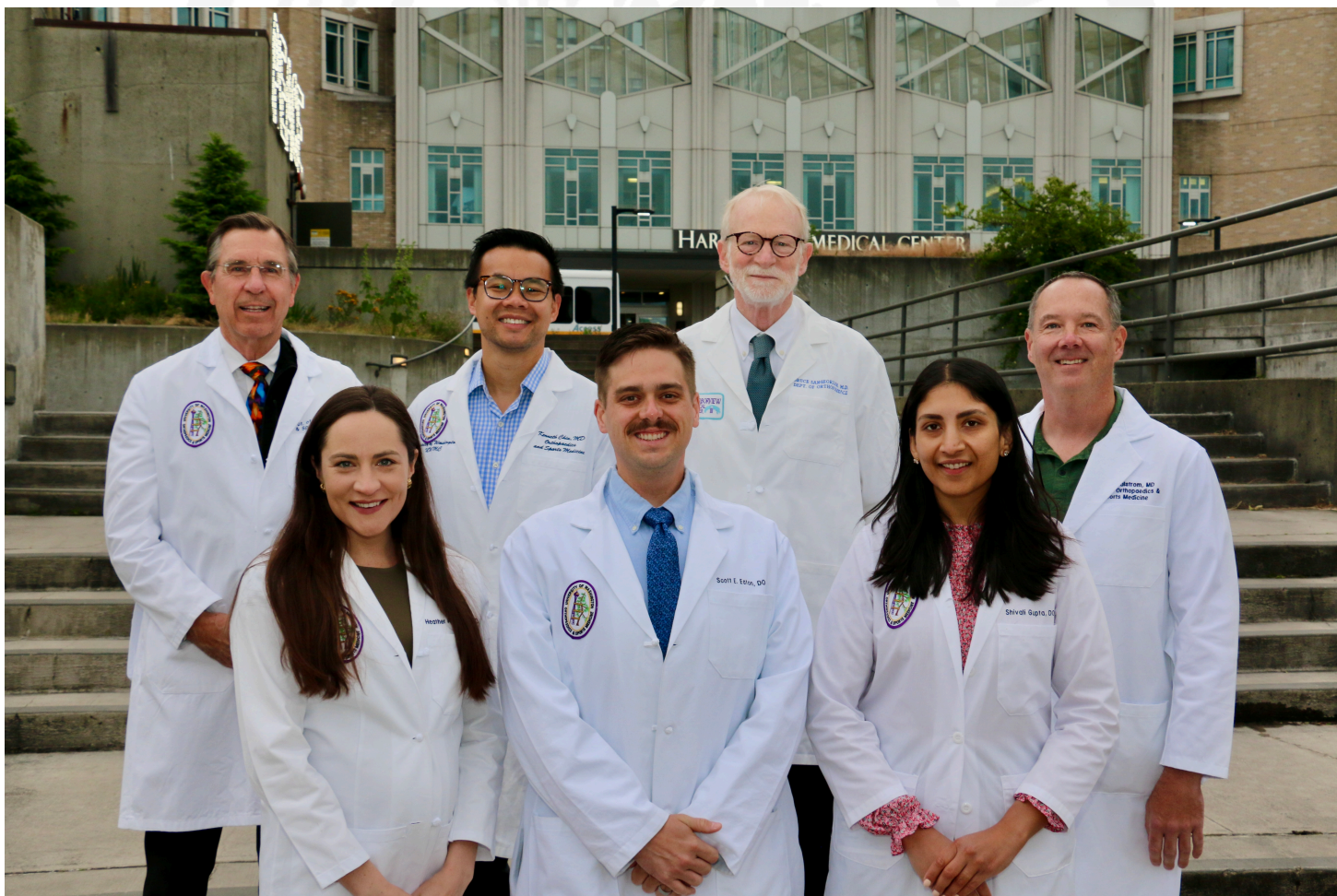
2024-2025

Foot & Ankle Fellowship



University of Washington/Harborview Medical Center Department of Orthopaedics & Sports Medicine Foot & Ankle Service

The University of Washington/Harborview Medical Center offers a one-year, in-depth Advanced Clinical Experience (ACE) including patient care, teaching, and research activities related to foot and ankle reconstruction, sports injury, and traumatology. The weekly experience includes office practice, operating room, teaching conferences, and research time. Call expectations are light and variable. Each ACE is expected to complete one scientific and one clinical research project during the year. ACEs may have 22 working days off for personal vacation, inter-views, and academic meetings. The program has trained 94 surgeons over the past 35 years, many who have gone on to win recognition in the AOFAS, the Orthopaedic Research Society, and the AAOS and who are leaders in the AOFAS today. The alumni group maintains communication and shares experiences.



2023-2024 Fellowship: Fellows Front Row L-R: Dr. Heather Fuhrman, Dr. Scott Eaton, Dr. Shivali Gupta
Faculty Back Row L-R: Dr. Stephen Benirschke, Dr. Kenneth Chin, Dr. Bruce Sangeorzan, Dr. David Dalstrom

Foot & Ankle Fellowship Faculty

Program Director: David Dalstrom, MD



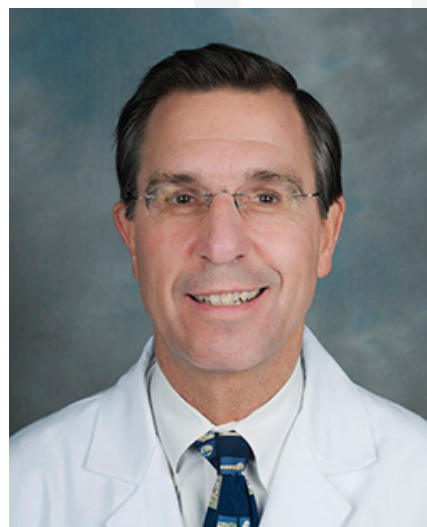
Clinical Associate Professor of Orthopaedics & Sports Medicine, University of Washington School of Medicine

Dr. Dalstrom is an boardcertified dual fellowship trained rthopedic foot and ankle surgeon specializing in complex reconstruction of lower extremity injuries. He sees patients at the Sigvard T. Hansen Foot and Ankle Institute at Harborview Medical Center and his patient care concentrates on complex injury reconstruction and revision surgery

Dr. Dalstrom received his M.D. degree from the Ohio State University in Columbus, Ohio. He completed his orthopaedic residency followed by a trauma fellowship at Wright State University in Dayton, OH. He completed a secondary fellowship at the University of Washington in the Foot and Ankle reconstruction.

Dr. Dalstrom is board certified through the American Board of Orthopaedic Surgery

Stephen Benirschke, MD



Professor of Orthopaedics & Sports Medicine, University of Washington School of Medicine
Jerome H. Debs II Endowed Chair for Orthopaedic Traumatology

Dr. Stephen Benirschke is a graduate of the Case Western Reserve University. Following his training in Orthopaedic Surgery at Case Western he completed a fellowship at Rätisches Kantons-und Re-gional Hospital in Switzerland.

He started as an Acting Instructor at the University of Washington in 1985 and has been a Professor at the University of Washington since 2000. Presently, he is a member of the Resident Selection Committee and the Musculoskeletal Core Course. With a predominant interest in foot and ankle injuries, Dr. Benirschke has published over 45 peer-reviewed articles, 3 book chapters and has pre-sented at numerous medical meetings. He was also the primary investigator on an AO ASIF Research Grant.

He has been honored for his teaching efforts at the University of Washington with the Resident Teaching Award in 1997.

Dr. Benirschke's clinical interests include foot and ankle trauma and reconstruction, articular fractures and other foot and ankle problems.

Foot & Ankle Fellowship Faculty

Kenneth Chin, MD



Clinical Assistant Professor of Orthopaedics & Sports Medicine, University of Washington School of Medicine

Dr. Chin is an orthopaedic surgeon who specializes in Foot & Ankle surgery and Sports Medicine at the UWMC-Montlake and UWMC-Northwest. His area of focus is on minimally invasive and traditional surgeries of the ankle, foot, and knee, with a particular interest in the treatment of athletic ankle injuries. Dr. Chin's clinical interests include the treatment of athletic injuries, trauma, and chronic conditions of the foot, ankle, and knee.

Dr. Chin graduated from Case Western Reserve University School of Medicine in Cleveland, Ohio, which was followed by a residency in Orthopaedic Surgery at the University of Maryland/ R. Adams Cowley Shock Trauma Center in Baltimore, Maryland. After residency, he completed two subspecialty fellowships in Foot & Ankle surgery at Mercy Medical Center and Sports Medicine at the University of Maryland.

Dr. Chin is an active member of the American Academy of Orthopaedic Surgeons and the American Orthopaedic Foot and Ankle Society.

Bruce Sangeorzan, MD



Professor of Orthopaedics & Sports Medicine, University of Washington School of Medicine
Director, RR&D Center for Excellence in Limb Loss Prevention and Prosthetic Engineering,
Veterans Affairs

Dr. Sangeorzan earned his bachelor of science degree from the University of Michigan and doctor of medicine degree from Wayne State University in Detroit where he also completed his residency before coming to the University of Washington for a fellowship in orthopedic traumatology and a second in foot and ankle reconstruction.

He has received the Resident Teaching Award, the OREF Clinical research award, The Mann Award for clinical research, the AMSUS Award for contributions to military care, and the Paul Magnusson Award for sustained contribution to clinical research for veterans' care.

Foot and Ankle ACE Rotation

	BENIRSCHKE	DALSTROM	SANGEORZAN / CHIN
MONDAY	Harborview Foot & Ankle Clinic	Harborview OR	Harborview OR (every other Monday)
TUESDAY	Harborview OR	Harborview OR	Harborview Foot & Ankle Clinic
WEDNESDAY	Harborview Foot & Ankle Clinic	Harborview OR	Harborview OR
THURSDAY	Harborview OR	Harborview Foot & Ankle Clinic	UWMC-Northwest Outpatient OR with Dr. Chin
FRIDAY	Harborview OR	Harborview Foot & Ankle Clinic	UWMC-Northwest Sports Clinic/OR with Dr. Chin

Meet Our 2024-2025 Foot & Ankle ACEs



Azhar Bashir, MD

Dr. Bashir received his Doctor of Medicine from Virginia Commonwealth University School of Medicine in Richmond, VA. He also completed his Orthopedic Surgery Residency at Virginia Commonwealth University in Richmond, VA.



Kathleen Kay, MD

Dr. Kay received her Doctor Medicine from Southern Illinois University School of Medicine in Springfield, IL. She also completed her Orthopaedic Residency at Southern Illinois University in Springfield, IL.



Salvatore Rizzo, DO

Dr. Rizzo received his Doctor of Osteopathic Medicine from Touro College of Osteopathic Medicine in New York, NY. He completed his Orthopedic Surgery Residency at Wellspan York Hospital in York, PA.

Foot & Ankle ACE Alumni

2024	Scott Eaton, MD	Heather Fuhrman, MD	Shivali Gupta, DO
2023	Grant Branam, DO	Sarah Gael, MD	
2022	Kivanc Atesok, MD	Justin Brohard, DO	Alisagar Dalal, MD
2021	Erik Magnusson,	Maudwilla Silva, MD	Thiran Udawatta, MD
2020	Adam Albaba, MD	Imani Dupree, MD	Chelsea Mathews, MD
2019	Arash Calafi, MD	Alexander Sawatzke, MD	Megan Walters, MD
2018	Travis Wilson, MD	Courtney Grimsrud, MD	Clayton Carmody, MD
2017	Lea Gunnell, MD	Bryan Monier, MD	Nicole Zappa, DO
2016	Brandon King, MD	Garrett Pangrazzi, MD	Cameron Patthanacharopenphon, MD
2015	Matthew Buchel, MD	William Braaksma, MD	Uma Ramadorai, DO
2014	Daniel Hoopes, MD	Daniel Thuillier, MD	Joan Williams, MD
2013	Calvin Hu, MD	Michael D. Johnson, MD	Nathan Kiewiet, MD
2012	James Meecker, MD	Ramces Francisco, MD	
2011	Kelly Apostle, MD	Scott Holthusen, MD	Monica Zilkoski, MD
2010	David Dalstrom, MD	Sarah Hanslow, MD	Benjamin Stevens, MD
2009	Jeffrey Henning, MD	Alan Laing, MD	Erik Novak, MD
2008	Helen Rawlinson, MD	Tracy Rupke, MD	Ferras Zeni, MD
2007	Arash Aminian, MD	Darcy Foral, MD	Angelique Witteveen, MD
2006	Christian Hall, MD	Bryan Lapinski, MD	Ian Le, MD
2005	Wesley Bevan, MD	Mark Gould, MD	Joel Moore, MD
2004	Eric Hansen, MD	John Shank, MD	Michael Swords, MD
2003	Mark Dalton, MD	Matthew Roberts, MD	Drew Van Boerum, MD
2002	Raad Al-Shaikh, MD	Mathieu Assal, MD	Justin Greisberg, MD
2001	Thomas Chi, MD	James Davitt, MD	Adrienne Spirt, MD
2000	Stephen Pinney, MD	Alistair Scott Newman, MD	
1999	Alan Baggoo, MD	Christopher DiGiovanni, MD	Anthony Hinz, MD Iain Russel, MD
1998	David Levine, MD	Eric Malicky, MD	Alastair Younger, MD
1997	Michael Aronow, MD	Michael Houghton, MD	Brian Toolan
1996	Christopher Hebert, MD	Christopher Coetzee, MD	
1995	John Anderson, MD	Brett Barnes, MD	
1994	Andrew Sands, MD		
1993	John Early, MD	James Holmes, MD	
1992	Michael Brage, MD	Thomas Helpenstell, MD	
1991	T. Scott Woll, MD		
1990	Douglas Smith, MD		
1987	Bruce Sangerozan, MD		

Contact Information

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Twitter: www.twitter.com/UWOrthopaedics

Instagram: https://www.instagram.com/uw_harborview_footandankle

Youtube: www.youtube.com/user/HuskyOrthopaedics



From left: Dr. Stephen Benirschke, Dr. Heather Fuhrman (2023-2024 F&A ACE), and Dr. Ryan Anthony (2023-2024 Trauma ACE)



From left: Dr. Shivali Gupta (2023-2024 ACE) and Dr. Ken Chin in the Operating Room