

Tim Lenters, MD
ACE 2004-2005



Family:

Wife – Darlene. Fitness and health fanatic, mother, wife, dog owner, wearer of many hats. Has not returned to elementary education following the birth of our kids, and has accepted some new challenges instead.

Kids – Katelyn and Ethan (13 year old twins). Katie loves dance, dogs, and her friends. Ethan loves soccer, the Seahawks, and music.

Recreation:

Golf, cycling, 5 am workouts (no better way to start a day)
Recent speculator into Bitcoin

Private Practice:

River Valley Orthopedics, merging with Orthopedic Associates of Michigan to become one of the largest orthopedic practices in the State of Michigan

Volunteer Faculty of **Grand Rapids Orthopedic Residency**/Spectrum Health

Direct the shoulder curriculum – schedule grand rounds, skills labs, journal clubs

All are welcome to spend a few days with our residents – great group of young physicians (who regularly achieve 98-99th percentile on the OITE exam). Please let me know if interested!

Recent acceptance into ASES as Associate Member (2016)

I was fortunate to be the first shoulder subspecialist in West Michigan

Recently hired research assistant to start looking at outcome studies, begin a few prospective trials. Multiple IRB approvals ready to see some work.

Not many better thrills than shoulder replacement, shoulder stabilization – love to see patients respond well to predictable interventions