

UW Hand Course on March 18, 2023

Sponsored by: **University of Washington
School of Medicine**

The Notorious PIP Joint

| TIME | Topic | Length | Speaker |
|---|---|-------------------|------------------------|
| 8:00-8:10 | Welcome and Introduction | 10 minutes | Jerry Huang, MD |
| Session I: Dupuytren's, Scleroderma and Other Contractures | | | |
| 8:10-8:30 | Dupuytren's Contracture | 20 minutes | Nicholas Vedder, MD |
| 8:30-8:50 | Scleroderma: Surgical Management | 20 minutes | Erin Miller, MD |
| 8:50-9:10 | Chemodeneration and Medical Management of Spasticity in Stroke Patients | 20 minutes | Ib Odderson, MD, PhD |
| 9:10-9:40 | Therapeutic Interventions for Dupuytren's Contracture | 30 minutes | De Yamaura, OT/CHT |
| 9:40-9:50 | Q & A | 10 minutes | Faculty & Speakers |
| 9:50-10:10 | <i>Break</i> | <i>20 minutes</i> | <i>Break</i> |
| Session II: Tendon Injuries | | | |
| 10:10-10:40 | Cadaver Lab: Flexor and Extensor Tendon Anatomy | 30 minutes | Hand Surgery Fellows |
| 10:40-11:00 | Zone II Flexor Injuries and Pulley Management | 20 minutes | Jerry Huang, MD |
| 11:00-11:30 | Acute and Chronic Extensor Injuries (Boutonnière and Swan neck) | 30 minutes | Marco Rizzo, MD |
| 11:30-11:50 | Flexor Tendon Rehabilitation | 20 minutes | Clyde Johnson, PT/CHT |
| 11:50-12:10 | Extensor Tendon Rehabilitation | 20 minutes | Clyde Johnson, PT/CHT |
| 12:10-12:20 | Q & A | 10 minutes | Faculty & Speakers |
| 12:20-1:10 | <i>Lunch Break</i> | <i>50 minutes</i> | <i>Lunch</i> |
| Session III: Fractures and Arthritis | | | |
| 1:10-1:40 | Cadaver Lab: Surgical Approaches to PIP Fractures and Arthroplasty | 30 minutes | Hand Surgery Fellows |
| 1:40-2:00 | Fractures Involving the PIP Joint | 20 minutes | Chelsea Boe, MD |
| 2:00-2:20 | Phalangeal and Metacarpal Malunion | 20 minutes | Doug Hanel, MD |
| 2:20-2:50 | Management of Post-Traumatic PIP Contractures | 30 minutes | Bridget Zaro, OT/CHT |
| 2:50-3:00 | <i>Break</i> | <i>10 minutes</i> | <i>Break</i> |
| 3:00-3:20 | Therapy Modalities for Non-Operative Management of PIP Arthritis | 20 minutes | Carla Conte, OT/CHT |
| 3:20-3:50 | Surgical Management of End Stage PIP Arthritis | 30 minutes | Marco Rizzo, MD |
| 3:50-4:20 | Post PIP Arthroplasty Rehabilitation | 30 minutes | Carol Recor, OT/CHT |
| 4:20-4:40 | Case Study | 20 minutes | Ranee Munaim, OT/CHT |
| 4:40-4:50 | Q & A for All Faculty | 10 minutes | All Faculty & Speakers |
| 4:50-5:00 | Final Comments and Adjourn | 10 minutes | |