

Message from the Chair

This past winter was a time of celebration and remembrance for our Department.

In December, we feted the accomplishments and camaraderie of our faculty and staff at our annual holiday party, held at the Landing at Northcut. Over 250 people attended and many stayed until our agreed upon closing time. I'd like to once again thank **Pamela Halberg** for planning and executing such a successful and well-attended event. You can view photos from the party on [page 3](#).

In February, we welcomed **Dr. Christopher Kweon**, Assistant Professor, to our Sports Medicine team. Dr. Kweon is an area native who attended the UW for his undergraduate studies. To learn more about Dr. Kweon, please see his Spotlight feature on [page 2](#).

As excited as we are to have Dr. Kweon join the Department, we are as sorry to see **Janet Grant** retire after many years of dedicated service to our administration. Janet was a reliable confidant of the HMC orthopaedic faculty and a reliable source and interpreter of clinical financial metrics. She reflects on her career in the Department, which began in 1979, on [page 6](#).

The Department hosted the 52nd annual John F. LeCocq lecture on January 21st and 22nd. Dr. Graham King, Director of the Roth | McFarland Hand and Upper Limb Center, and Professor of Orthopaedics Surgery and Biomedical Engineering at Western University in London, Ontario, Canada, was this year's guest lecturer ([p. 4](#)). Dr. Graham was an entertaining lecturer and to those who were fortunate enough to

attend his lectures he imparted much wisdom about elbow fractures and surgery.

This winter we also lost two respected members of our Orthopaedic family. Dr. David Chaplin, a member of the Department's faculty from 1974 – 1978, passed away in January. A tribute to Dr. Chaplin, written by **Dr. Ted Wagner**, can be found on [page 5](#). The first Chairman of our Department and former Dean of the University of Kentucky College of Medicine, Dr. D. (David) Kay Clawson, passed away on March 11. Dr. Clawson will be remembered as a legendary orthopaedic surgeon and dedicated educator. He was also a generous supporter of the Department and the UW who due to illness was not able to make it back to Seattle for a dedication of the Department library named in his honor. There will be a tribute to Dr. Clawson's remarkable life sent under separate email.

In the next edition of our newsletter we will have an introduction for our incoming resident class, a group of extremely talented young men and women. Thank you for reading this issue of our newsletter and feel free to email or call with any questions or suggestions for future issues.

Sincerely,



Spotlight: Welcome Dr. Chris Kweon

Dr. Chris Kweon joins the department as an Assistant Professor and the newest member of the Sports Medicine team.

eNews: Tell us a little about yourself.

Dr. Chris Kweon: I grew up mostly in Federal Way, WA and went to UW for undergrad. During the 4 years between college and medical school, I learned a lot about the field of orthopaedic surgery and sports medicine while working as a student athletic trainer with UW Intercollegiate Athletics, as an intern athletic trainer with the Seattle Seahawks, and as a medical assistant at the old Sports Medicine Clinic in Hec Ed Pavillion. Those were pretty formative years for me and my interest in restoring function to active people naturally lead me to pursuing a career in orthopaedics and ultimately in sports medicine. People like Roger Larson, Carol Teitz, and Trey Green were all instrumental in supporting and cultivating those early interests in medicine. After fellowship, I took a job in Skagit County to help build and develop a sports medicine and shoulder surgery program and was fortunate to be able to care for a wide array of patients before deciding to take a position in the UW Sports Medicine Center.

eNews: What drew you back to UW and what are your professional goals now that you are back?

CK: Beside just having a lot of history here, I decided to make a career change because of the opportunity to help care for Husky athletes at my alma mater, to collaborate with energetic hard working colleagues like Albert Gee and other faculty at UWMC, to be a part of one of the premier training programs for orthopaedics in the entire country, and to perform high quality research that reflects the expert work being done at the University of Washington and will make a positive impact in the field of Sports Medicine. I hope to increase the access to high quality care for athletes looking for minimally invasive and arthroscopic solutions to their sports injuries.



Drs. Howard Chansky and Chris Kweon at January's Grand Rounds presentation.



Chris Kweon, pictured here during the 2013 Buffalo Wild Wings Bowl with the University of Michigan football team, was involved in the care of numerous athletic teams at the University of Michigan and Eastern Michigan University while a Sports Medicine Fellow in Ann Arbor, MI.



Right: Dr. Kweon's current Husky card uses the picture that remained in the system from his days as an undergraduate at the University of WA. When asked why he requested to use the old photo in the system for his current ID his response was, "I look skinnier and have more hair in that picture."

Left: Chris Kweon with his wife Christine and son Carter. Husky Pride is strong in this family!



Annual Holiday Party

More than 450 people attended the Department of Orthopaedics and Sports Medicine's annual holiday party on December 4. The party was held at The Landing at Northcut, across from U-Village, and guests enjoyed a hearty buffet while listening to live music. The event offered for staff and faculty from multiple locations the opportunity to come together to celebrate the holidays and all the great work the department accomplished in 2015. Thank you to everyone who made the evening the wonderful celebration that it was. We look forward to all the accomplishments that will bring us together again this year!



Department News

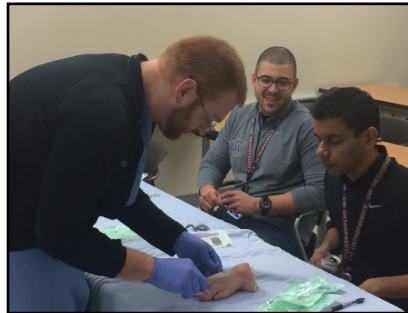
Annual LeCocq Lecture: Dr. Graham King

The 52nd annual John F. LeCocq Lecture in Orthopaedics, held on January 21st and January 22nd, was a huge success! Dr. Graham King, Director of the Roth | McFarlane Hand and Upper Limb Centre, Chief of Surgery at St. Joseph's Health Center, and Professor of Orthopaedic Surgery and Biomedical Engineering at Western University in London, Ontario, Canada, was this year's guest lecturer. On Thursday, he presented on current concepts of radial head fractures, which was followed by case presentations by the residents. Those in attendance at the Thursday evening dinner, hosted by the Puget Sound chapter of the Western Orthopaedic Association, were treated to another insightful presentation by Dr. King entitled, "Working with Orthopaedic Industry: Experiences of a Surgeon Designer". Dr. King's Friday morning lecture, held at the Swedish Orthopaedic Institute, focused on the "Management of Osteoporotic Distal Humeral Fractures". This was followed by resident case presentations and informative discussions led by the residents and our expert panel of faculty. Thank you to all those in attendance, to our outstanding faculty, and to Dr. Graham King for sharing their knowledge on this topic and for their continued support for the UW Orthopaedic Surgery residency program!



Suturing Clinic

On February 8, **Dr. Taitsman**, along with **Drs. Domes (R4)** and **Swenson (R3)** held a suturing clinic with the current R1's. The R1's learned tips and tricks on mastering suturing, a skill which will serve them well over the course of their careers as orthopaedic surgeons. Thank you to everyone that made this learning experience possible.



Seattle Children's Patient Pays it Forward

A 12-year-old girl by the name of Makenna Schwab is giving back to Seattle Children's Hospital after members of the Department of Orthopaedics and Sports Medicine saved her life. Makenna was born with a rare condition that causes bones to dislocate throughout her body. She has spent a great deal of her life in and out of the hospital and now, thanks to the great work done by **Drs. Goldberg, Krengel, Mosca, Steinman, and White**, she is returning the favor and raising money to help children like her. Every year, Makenna chooses a different way to fundraise and this year her ultimate goal is a low-radiation X-ray machine. She has raised money for wagons, toys, toiletries, and groceries to make a hospital stay less difficult for children and their families. Makenna is the embodiment of what it means to be thankful and we would like to congratulate her on accomplishing so much at such a young age. You can read Makenna's full story here: <http://pulse.seattlechildrens.org/makenna-hopes-to-raise-10000-for-the-hospital-that-saved-her-life/>

Department News

In Memoriam: Dr. David M. Chaplin, 1939–2016 by Dr. Ted Wagner

David Morley Chaplin was born in Wakefield, England on May 5, 1939 but grew up in Birmingham, England where he later graduated from the University of Birmingham Medical School. After completing his general and orthopaedic training at the Royal College of Surgeons, he received his F.R.C.S in 1967.

David moved permanently to Seattle in 1974. He became the Resident Director in the Department of Orthopaedics and Sports Medicine while continuing his research in tendon surgery and rheumatoid arthritis and attending at both Children's and Harborview Medical Centers.

In 1978 he left the UW Department of Orthopaedics and Sports Medicine and joined Drs. Donald Gunn, Pete Toomey, and myself at Swedish Hospital, where he remained until his retirement in 2008.

David was the ultimate polite, charming competitor whether the game was squash, cribbage, or Sudoku. In his spare time he climbed Mt. Rainier and ran the Seattle and London Marathons.

He cherished his family time above all else. He fathered a child in five successive decades. He and his wife Dawn established the "Wakefield Farm" in Conway, WA where together their life bloomed in a horticultural hotbed. David and his family hand-built their family home, which remained a gathering oasis for family, friends, and the Board Members of the Skagit Symphony.

Good-bye to a great friend, surgeon, and lifelong learner.

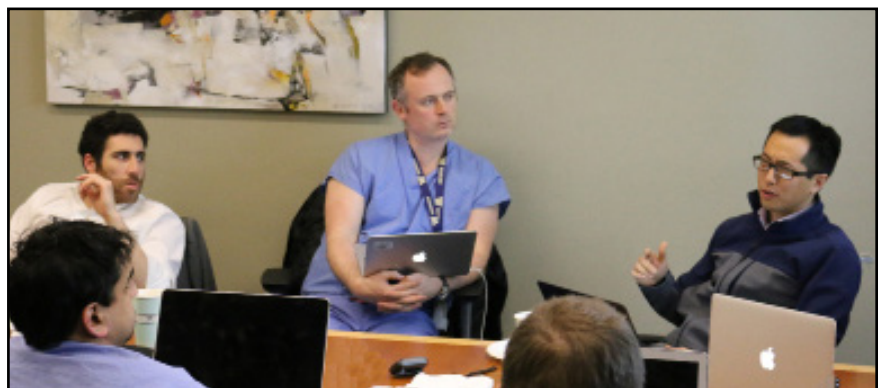
Ted Wagner



Arthroplasty Seminar: January 5

In the fifth quarterly arthroplasty seminar we had the pleasure of hearing from guest panelists Dr. Stephen Kennedy and Dr. Jason Hsu who covered the topic of "Arthroplasty in the Setting of Trauma." It was wonderful having experts in both upper and lower extremity arthroplasty to help guide the insightful case and literature discussion.

The next Arthroplasty Seminar will be in April and the topic will be hip dysplasia. If you would like to receive email updates about upcoming arthroplasty seminars please contact Sarah Pressl at sep720@uw.edu.



Faculty & Staff News

Janet Grant retired from the Department of Orthopaedics and Sports Medicine in January 2016 and reflects on her time below.

I first came to Orthopaedics in 1979 as a temporary employee. My first task was typing Dr. Dan Spengler's spine clinic notes on multipart carbon forms. I was a fast typist but knew absolutely nothing about orthopaedics or medical terminology. My best friends quickly became the Dorland's Medical Dictionary and Dr. Spengler's secretary, Bea Watts. I worked closely with the departmental editor, Laurie Glass, who taught me invaluable skills regarding manuscript writing and editing.

One of my responsibilities during the early 1980's was to assist secretary Sarah Sato with **Dr. Sigvard Hansen's** work as the Department's chairman. I also performed secretarial work for various faculty members on the 10th floor of Health Sciences.



LtoR: Janet, Drs. Hansen, Bellabarba, Brage

Morton, now manager of the Harborview admin' office. She asked me to work "temporarily" at Harborview, providing administrative support to Dr. Hansen. I agreed to work for one month. I soon realized I enjoyed the job and stayed for six years!

My career took another detour in 1997, when I accepted an ill-fated promotion on UW's upper campus. I very soon regretted it. A year and a half later, I found myself back in Orthopaedics as administrative assistant to **Dr. Bruce Sangeorzan**, the new Chief of Orthopaedics at Harborview. I made a commitment to stay for five years, but that soon turned into seventeen enjoyable years!

In retirement I plan to do some traveling with my husband and eventually get a part-time job as a paraeducator, hopefully at one of the schools within walking distance of my home. I also hope to resume another passion of mine, tutoring English to adult internationals.

Writing this has been a nostalgic journey for me, remembering all the different people I've met and worked with as well as all the changes in technology and business culture I have seen in the past 36 years. Orthopaedics is in my bones, quite literally! I am forever grateful for my experiences in this great department at the University of Washington.



LtoR: Karen Morton, Janet Grant, Bea Watts, Diana Jansen, Sara Sato – 1990

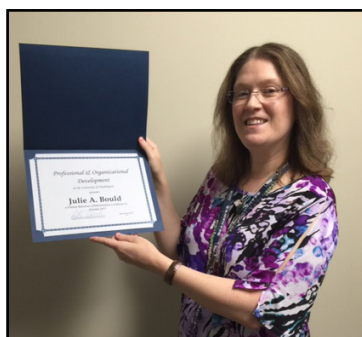
Eventually the department invested in two "dedicated word processing" machines, precursors to personal computers. Karen Morton and I were sent to school, to learn the intricacies of those state-of-the-art machines. For several years, Karen and I did ALL the word processing for the department. I have fond memories of working with Karen, Bea, Sarah, Laurie, and Diana Jansen, who was the manager for many years. I, 1980 I met Frances Huisman when she was hired as the Residency Coordinator. We are still the best of friends. Besides being a great co-worker, Frances introduced me to hiking in the great outdoors. It has become a life-long passion for me.

From 1987 to 1991 I took a break from orthopaedics to get my B.A. degree. Shortly thereafter, I received a phone call from Karen



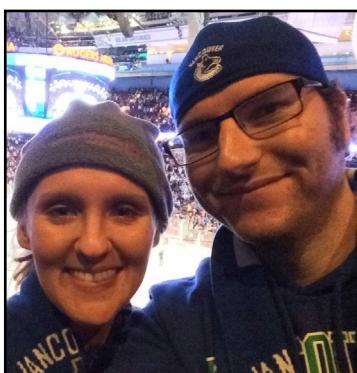
Janet and HMC Manager Jen McEwen

Faculty & Staff News



HMC Secretary Senior Julie Bould has successfully completed her POD certificate in Human Resources Administration. Please congratulate Julie for all of her hard work!

Congratulations to **Director of IT Arien Cheronis** and **Program Coordinator Sarah Pressl**. The two got engaged following the Vancouver Canucks at-home win over the Chicago Blackhawks on November 21. Go Canucks Go!



Congratulations to **HMC Administrative Assistant A Tia Edwards** who recently celebrated her 10th anniversary with the department. The offices at Harborview hosted a celebration in her honor.



Congratulations to **Dr. Romie Gibly (R3)** and his wife Erin Rumsey on the birth of their son, Smith. Smith arrived on January 7 at 5:11pm, weighing 6 lbs. 6oz. and measuring

20.5 inches long. Dr. Gibly confirmed that all bones are intact and accounted for!

Dr. Adam Sassoon recently attended the American Medical Association's meeting in Miami to discuss policy updates. Dr. Sassoon attended as part of his Health Policy Fellowship through the American Academy of Hip and Knee Surgeons.

Dr. Conor Kleweno recently presented at Medical Grand Rounds at Harvard's Department of Orthopaedic Surgery at the Brigham and Women's Hospital in Boston. His talk was titled Pelvic Ring Injuries: A Novel Sacral Fracture Classification and the Seattle Experience.

Tech Talk: Making Smart Choices

Safety in the digital world is something that is often discussed, both in the news and here at work, with constant reports of various scams and personal computer data being held for ransom.

Here is a fictional real-life story: While in the OR filming a case for one of our surgeons, one of our CSG team members, Eric, saw something that was truly horrifying. No need to fear; the case was going smoothly. Eric noticed someone in the OR using a computer. It was when this employee clicked on a seemingly harmless link that the real trouble began. The employee was inundated with pop-ups and one in particular caught Eric's eye: it "appeared" to be a Windows error message saying his computer had crashed due to malware and he needed to dial a 1-800 number. He proceeded to pick up the phone and dial the number right in the middle of the OR! Thankfully Eric couldn't simply stand by any longer. It is the obligation of the CSG to protect the hospital and avoid data breaches such as this one. Eric told him to hang-up the phone while showing him how to successfully exit the fake error windows and explained that this is a scam. Scammers can easily gain access to the system with the information they gather and then we would see UW Medicine in the news as the latest victim of hacking and identity theft.

Tech Talk: cont'd

As a general rule of thumb, if your computer ever displays a pop-up asking you to dial any number for assistance it is most often a scam. Instead, contact the place where you had purchased the computer or, if it's a work device, contact your IT support (acherone@uw.edu or orthohlp@uw.edu) and we will assist with whatever digitally ails you.

Think of it this way, when your car is acting up- you take it to an expert to look at. When you injure yourself see an expert in the UW Orthopaedics & Sports Department to put you back together. Your computer is very similar- when it isn't acting right or showing signs that it needs a check-up take it to the experts to assist in its care.

Publications

Kennedy CD and **Huang JI**. Prosthetic design in total wrist arthroplasty. *Orthop Clin N Am*. 2016. 47 (1):207-18.

Pruszczynski B, Mackenzie WG, Rogers K, **White KK**. Spinal Cord Injury After Extremity Surgery in Children With Thoracic Kyphosis. *Clin Orthop Relate Res*. 2015 Aug 5. [Epub ahead of print].

Roof A, Jinguji T, White K, Goldberg MJ. "Developmental Dysplasia of the Hip" In *Neonatology: Clinical Practice and Procedures*. Stevenson DK, Cohen RS, Sunshine P, McGraw Hill NY 2015 pgs. 947-954.

Sassoon A, Nam D, Jackups R, Johnson S, Nunley R, Barrack R. Tranexamic acid: optimal blood loss management in surface replacement arthroplasty. *Bone Joint J*. 2016 Feb; 98-B(2):173-8.

Sassoon A, Haidukewych G. Periprosthetic fracture around a loose hip or knee arthroplasty. *Current Orthopaedic Practice*. 2015.

Swanson JO, Alessio AM, **White KK, Krengel WF**, Friedman SD, Vining NC, Song KM. Spine computed tomography radiation dose reduction: protocol refinement based on measurement variation at simulated lower radiation acquisitions. *Spine (Phila Pa 1976)*. 2015 October 15; 40(20): 1613-9.

White KK, Bompadre V, Goldberg MJ, Bober M, Campbell J, Cho T-J, Hoover-Fong J, Mackenzie W, Parnell SE, Raggio C, Rapoport D, Spencer SA, Savarirayan R. Best Practices in the Evaluation and Treatment of Foramen Magnum Stenosis in Achondroplasia During Infancy. *Am J Med Genet*. 2015 September 23. [Epub ahead of print].

White KK, Parnell SE, Kifle Y, Blackledge M, **Bompadre V**. Is there a correlation between sleep disordered breathing and foramen magnum stenosis in children with Achondroplasia. *Am J Med Genet*. 2015 September 23. [Epub ahead of print].

Presentations

Goldberg, MJ. The Cost of Quality IPOTT Annual Meeting. Vienna, Austria September 2015.

Goldberg MJ and Bendixen K. Does Compassion Cure Burnout? Advent Health Physician Leadership Symposium. Sacramento CA October 2015.

Mosca V. Complex Deformity Correction Course. Santiago, Chile. September 2015.

Mosca V. N. Balachandran Visiting Professorship. Singapore Orthopaedic Association Annual Scientific Meeting. Singapore. October 2015.