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Issue #10

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Message from the Chairman

Dear Friends and Colleagues,

Summer in Seattle is the much-anticipated "high time" of year, with the Great Northwest finally revealing its abundant natural beauty... out from the shrouds of our infamous cloud and rain cover. For us as Orthopaedic surgeons, this is also the time for increased trauma patients; at HMC we recorded an all-time record of surgical case numbers during May. Kudos to our staff for providing extraordinary care to every patient -- all the time.

Summer also marks transition, with residents and fellows moving on. This past year we were again blessed with tremendous Chief Residents and Fellows representing all subspecialties, and I want to recognize them for their dedication and hard work as they move on to the next stages in their careers. I am confident wherever they go, they will carry their UW Orthopaedics badge with them and make us proud. We look forward to staying connected with them through our growing UW Alumni network and are eager to update our readers with their accomplishments.

On our Faculty side: Associate Professor Chris Wahl M.D. is moving on to a great new post as Chief of Sports Medicine at UC-San Diego. I thank Chris for his dedication to excellence the past six years, and wish him and his wife Suzanne Slaney Wahl, (who's been a great PA at our Sports Medicine Clinic) all the best. Chris has received a well-deserved sendoff, garnering this year's Chief Residents Teaching Award!

We also have an historic, almost symbolic departure: Our first-ever Chairman, Dr. D.K. Clawson, and his wife Janet have put their Lake Union houseboat of 19 years, "Suite Sixteen," up for sale, and are leaving Seattle to consolidate their homestead in Lexington, Kentucky. I was fortunate to be invited to their beautiful home recently, and gladly took possession of a complete collection of the journal CORR (Clinical Orthopaedics and Related Research) from this remarkable man. It will be a nice background for the new Editor-in Chief of CORR, our own Dr. Seth



Janet and D.K. Clawson, M.D.

Leopold, who has just been honored with that prestigious position effective January 1st, 2013 (see *Spotlight interview on page 2*).

Our Department is pleased to report the addition of several new colleagues. Two new Joint and Adult Reconstruction surgeons, Drs. Justin Klimish and T.J. Tanous Jr., will be centered at our new Regional Joint Care Clinic at beautiful Northwest Hospital in north Seattle. Both bring an expansive talent array in joint preserving and revision surgical techniques, and increase our ability to provide all-encompassing joint care within UW Medicine. Also, Dr. Reza Firoozabadi joins our Trauma faculty following his HMC Fellowship, and Dr. Annette Lindberg is staying at Seattle Childrens after her Orthopaedic fellowships in Oncology and Pediatrics. Please help me welcome these four colleagues!

These are exciting times with many ongoing new developments! Please follow our progress [on our updated website](#) -- and join us at the 3rd Annual Summit in Seattle: Hip and Pelvic Disorders, chaired by Drs. M.L. "Chip" Routt and Howard Chansky July 26-28th at Harborview. The Summit affords a unique chance to learn from an incredible program, and catch up with so many past and present friends. [Click here for registration](#) and brochure. We hope to see you there!

- Jens R. Chapman, M.D.

P.S.: Our eNews co-editor Bill Abelson is leaving our Department on July 3rd after over ten years at the Montlake Reception desk. We will truly miss this quality person! When you drop by, please say hello to Bill's replacement, UW graduate Sarah Timmons!

Upcoming Events

Summit in Seattle (Thur-Sat., July 26-28th)
Please join us at Harborview Medical Center for this chance to learn and reconnect!

As always, we are proud to present a diverse mixture of educational offerings including case conferences, lectures, mini-symposia, and live surgical dissections with new advanced techniques offered by a world-class faculty. We are proud to be joined by three distinguished visiting faculty: Norbert Haas from University Hospital Charité in Germany, Bryan Kelly from the Hospital for Special Surgery in New York, and Thomas Ruedi from the AO Foundation and AO Education in Switzerland, all of whom will provide relevant keynote lectures throughout the summit and its events. A number of alumni and our own faculty will present research and technique updates and lead discussions. You will also get to see excerpts of the ongoing scientific work at our institution, via presentations from our current Fellows and ACEs, and be able to participate in discussions.

We are also having a reception at the View Park at HMC on Saturday July 28th immediately following the meeting's adjournment.

For more information, call 206.543.1050 or register online at www.uwcm.org.

2012 Spine Course

Saturday, September 8 (8 AM-5 PM)
Location: HMC, R&T Auditorium
Contact Connie Robertson at cfunkak@uw.edu for additional info.
All residents welcome to attend

2012 ABC Arthroscopy Course

Sun.- Fri., Sept. 16-21 (8 AM-5 PM)
Location: Tracy, CA
All R3s & R4s attend, and are away for the week with Dr. Warne and other faculty

Margo Johnsen Orthopaedic Pathology Review

Friday-Saturday, October 19-20 (7:30 AM-3 PM)
Location: SCH, Wright Auditorium
Contact karen.polson@seattlechildrens.org to register

Spotlight: Seth Leopold M.D. Named Editor-in-Chief of CORR



eNEWS: Congratulations on your appointment as Editor-in-Chief of the journal CORR (Clinical Orthopaedics and Related Research), a great honor. How long have you been interested in editing in general? Are there things that journals should be doing differently?

SETH LEOPOLD, MD: Many thanks.

How good information

is disseminated — and how to find better ways to get good ideas out — are topics I've always cared about. In fact, early on, I was on the fence about a career in writing or a career in medicine; I was the publisher of the daily paper (in) college, and thought hard about becoming a journalist. I've continued to enjoy writing, editing, and once I was in medicine, trying to figure out ways to separate the good evidence from the rest of it.

Early in my residency, I found a copy of the McMaster University Evidence-Based Medicine curriculum, published in JAMA as "Users' guides to the medical literature." At the time, I found this transformative, and really eye-opening...it struck me these ideas needed to be taught and learned in our specialty, which, at that time, really wasn't familiar with them. With the help of close colleagues — including Winston Warne, on our faculty here, and Fred Wolf (chair of UW Medical Education and Biomedical Informatics) — we made some nice curricula to do this. I've been working around the edges of peer review since then — as a reviewer, researcher, and editor at JBJS and at CORR.

But going forward, if I'm going to get this right, I'll need to work on a number of important things at once. Not just optimizing peer review along evidence-based lines, but coming up with other ways to take... "the good stuff," and making sure it gets into the hands of the people who need it — practicing clinicians. We'll need to look differently at media, how journals interact with readers, and also take a much broader view on who our constituencies are and how we serve them.

It used to be American journals cared mainly about American surgeons. I think we need to consider surgeons all over the globe (diseases and injuries do not recognize political borders), but I think we need to add trainees, and even consider adding the non-professional public and their representatives. Health care dollars continue to eat up our national wealth, and as the conversation about this important

topic becomes ever more intense, I think good journals are going to want to be a party to it.

I think general-interest journals like CORR can do a better job bringing scientists and clinicians together. We also can bring diverse populations of orthopedic surgeons together around the subjects that affect the future of the specialty. Finally, I think we must make more of each journal comprehensible and interesting to more readers.

eNEWS: We know you are a leader in examining publication bias. For the laypeople among us, what exactly is that?

SL: Publication bias occurs when the likelihood of a piece of research getting published is affected by factors other than the quality or relevance of the science. We'd all like to imagine the peer-review process selects for the best research and turns aside the rest. It may be this is not entirely the case. Our research has shown reviewers seem to prefer papers that have a "finding" — that is, a positive outcome — over papers that show no differences between one treatment and another.

One might say that this is both normal and good — who, after all, would subscribe to The Journal of Negative Results? But in fact, positive-outcome bias is not a good thing. Imagine 20 papers about a new treatment are submitted to a journal; 18 show the treatment to be no better than placebo, and two show the new approach is better. Imagine further these studies all are of similarly good quality. If peer review screens out the negative studies and publishes only the two positive ones that have the "interesting new finding," it's easy to see how quickly the literature can become a tool that misleads rather than informs. There is good evidence that this takes place.

I've spent the last decade or so looking at various forms of publication bias in my own research; I believe there are ways to mitigate it, and editors are in a good position to do this.

eNEWS: What do you find attractive about CORR?

SL: First off, content quality. Although CORR's Impact Factor is decidedly in the middle of the orthopedic pack, in 2010 CORR was second in overall number of citations among orthopedic journals, and had the highest Article Influence Score. The (latter) takes into account the quality of journals where citations are made... analogous to Google's page-rank algorithm, and probably a better metric than the simpler (and more easily "gamed") Impact Factor.

Another of CORR's strengths is its many rela-

tionships with important national and international specialty societies. CORR is the journal to the Hip Society, Knee Society, Musculoskeletal Tumor Society, many others in the U.S. Its international relationships also run long and deep; at least a half dozen major international societies consider CORR their official journal. These factors position it uniquely in a very competitive marketplace as a place to go for important, timely, reliable information.

CORR has liabilities, though. While frequently cited, I would say that it is relatively less-frequently read. I'd like to change that. A major ambition of mine would be to have CORR become the journal people read and its website the place where people go.

eNEWS: You have degrees from Dartmouth and Cornell, and graduated the U.S. Army Airborne School. Have your Ivy League and military backgrounds affected your view of Orthopaedic surgery & practice? Research and publication?

No doubt where one has been plays into where one winds up. I know there are a number of kinds of writing (and other arts) that I "discovered" much more recently — how to read fiction in a slightly more informed way, understand music, and look at visual art. Interestingly, the "truths" in those disciplines aren't so removed from medical truths, and affect the way I think about what I do as a writer and as an editor.

Airborne school was a lark; it was a very brief three weeks and five jumps during a miniature (three-year) active-duty Army "career." I served, and I'm proud for having done it, but my Army experience was like summer camp compared to real soldiers.

eNEWS: Finally, how will your new responsibilities affect your practices at Northwest Hospital, UWMC, and ESC?

SL: Life's a balancing act, right? Here we go. 3 days a week to the journal, 2 days of clinical work — one each in the office and OR. I'll see my patients at Eastside with physician assistant Tim Coglon; Dan Stamper PA-C, my long-time right hand, will see my Seattle patients at the BJC, and operate with me up at NWH. I'll continue to cover a share of call at UWMC, but smaller than before.

I consider this kind of adventure one of the great joys and privileges of academic orthopedics. So many varied and fun ways to spend time and get smarter and better!

Department News

2012 Faculty Retreat

The 2012 Faculty Retreat was held on April 14th at the Center for Urban Horticulture. This year's guest speaker was David Dunning, PhD, a Seattle-based private practice psychologist, who spoke on results-based leadership and the power of collaboration.



*Left: Drs. Ted Wagner, Rick Matsen, David Dunning, PhD, Dr. Jens Chapman
Right: Program Operations Specialist Fred Westerberg and Director Ken Karbowski*



L: Drs. Ted Wagner, Bruce Sangeorzan, Carol Mowery, Klane White, Wally Kregel, Rick Matsen, David Dunning, PhD; R: Dr. Doug Hanel, Faculty Affairs Manager Maureen Johnson, and Dr. Jens Chapman



Left: Drs. Winston Warme, Paul Manner, Darin Davidson, Jerry Huang, Ted Hansen, Mike Lee

Right: Drs. John O'Kane, Chappie Conrad



2012 Research Report



We recently published the 2012 edition of our annual Research Report. This year the focus is on global health. Our cover features a ceramic basin by Jack Routt. In Latin, the word for basin is sometimes translated as pelvis. Pelvic surgery is one of the Orthopaedic specialties of Jack's father, Professor Milton L. Routt, Jr., M.D.

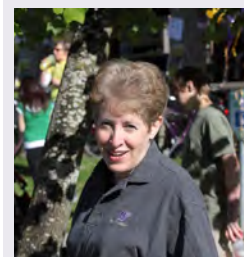
Bone & Joint Center Wins Patient Satisfaction Award!

Positive results from the patient satisfaction feedback surveys have earned the Bone & Joint Surgery Center the Patient Satisfaction Excellence (PSE) Award! This is a new award created by the Rewards & Recognition Committee, and is celebrated at UWMC, HMC, NWH, and UW Neighborhood Clinics.

BJC Operations Manager Karin Holmberg was informed of the award on April 13th by UWMC Recognition Program & Events Coordinator Tara Brown, on behalf of the Patients Are First R&R Committee.

Mother's Day Fun Run

Our Women's Sports Medicine & Lifetime Fitness program sponsored its 3rd annual Mother's Day 5K Fun Run on Sunday, May 13th at Seward Park. Photos from the event below!



Education Highlights

2012 Resident Research Day



Back row: Drs. Ben Amis, Grant Lohse, Nels Sampatacos, Greg Blaisdell, Adam Bakker, John Sack, Stephen Kennedy, Chris Allan, Jerry Huang, Daphne Beingessner, Nick Hanel, Nick Vedder, Jeffrey Friedrich
Front row: Drs. Andrew Merritt, Andrew Watt, Jason Ko, Jesse Jupiter

Our annual Resident Research Day was held Friday, May 4th at Harborview's R&T Auditorium. The distinguished Guest Lecturer was Jesse B. Jupiter M.D. of Harvard Medical School, who also serves as Chief of Hand and Upper Extremity Service at Massachusetts General Hospital.

Dr. Jupiter gave two terrific presentations, "Innovation and Innovators in Hand Surgery: Does it take 10,000 hours?" and "Contemporary perspectives on the evolution of the treatment of distal radius fractures." Each was followed by our residents' research presentations.

Resident presentations were given by R5's Nels Sampatacos (on cadaveric plateau models), Greg Blaisdell (on pelvic ring injuries), Josh Lindsey (on nerve injuries and fracture callus formations), Ben Amis (on complex elbow fractures), and Matt Lyons (on surgical elbow arthrofibrosis). Third-year residents presenting were Nicholas Wegner (on oncologic total knee implants), Jacques Hacquebord (on bone morphology in a mouse model), and Sid Baucom (on distal humerus fractures).



Top, L to R: Drs. David Patterson, Howard Chansky, Jacques Hacquebord, Liu Yang PhD, and Dr. Andrew Ghatan

Bottom, L to R: Drs. John Sack and Ted Wagner



Top, L to R: Drs. Doug Hanel, Jesse Jupiter, and Rick Matsen

Bottom, L to R: Drs. Jason Ko, Andrew Watt, Lucie Krennek, Stephen Kennedy, and Jerry Huang



Residency Graduation



Photos from June's Residency Graduation...
Above (first): Drs. Jason Wilcox and Kyle Chun;
(second): Dr. Mike Lee with Grant & Liza Lohse

Below (first): alumnus Bob Berry MD speaks;
(second): Drs. Jens Chapman & Ted Wagner with
Gretchen Sorenson (OR Nurse, Virginia Mason)
& Lyle Sorenson, MD



Welcome Incoming Residents and ACE/Fellows!

Residency Class of 2017: Ahmad Bayomy, Chris Domes, Kevin Hug, Alexander Lauder, Calvin Schlepp, Sara Shippee, Neil Tarabaddkar, Shawn Werner

ACE/Fellows 2012-13: Calvin Hu, Michael Johnson, Nathan Kiewiet (Foot/Ankle); Zachary Child, Kristian Dalzell, Mathias Daniels, Mark Manoso (Spine); Mitchell Bernstein, Geoffrey Marecek, John Scolaro, Joshua Shatsky, Edward Westrick (Trauma); Joan "Jodie" Miles, Oncology; Susan Tseng (Pediatrics); Matthew McElvany, Erik McGoldrick (Shoulder/Elbow); Karim Bakri, Jennifer Hsu, Shelley Noland, Brett Peterson (Hand)

Bios and photos in the next issue of eNews!

Education Highlights

The 2012 **Upper Extremity Course**, chaired by Jerry Huang M.D., was held at UWMC's Hogness Auditorium April 21st to a full house of Occupational, Hand, and Physical Therapists. This annual gathering provides current and clinical information for hand and upper extremity treatment through lectures and anatomical demonstrations. Jerry Huang M.D. was course chair. Two current Hand Fellows, Drs. Stephen Kennedy and Lucie Krennek, both presented on Elbow & Wrist Instability, and provided live cadaveric sessions throughout.

We were very pleased to have the Mayo Clinic's Richard Berger M.D. join us. He gave two very inspired talks, on Carpal Anatomy and Biomechanics and Acute DRUJ Instability. Dr. Berger is a very sought-after presenter whose presence was a great indication of the quality of the course. Therapists from throughout the Pacific Northwest attended, including a great Canadian contingency of Hand Therapists. Our second featured speaker was Susan Michlovitz, PT, PhD, CHT. Susan is President-Elect of the American Society of Hand Therapists and co-editor of "Modalities for Therapeutic Intervention".

We look forward to another successful course in 2013!



*Kristen Bell, COTA UWMC Roosevelt;
Jeff Edwards, CHT UW Eastside
Clinic; Carol Recor, CHT UWMC
Roosevelt*



Spine Grand Rounds at UW is a successful interdisciplinary program in collaboration with Neurosurgery, Rehab Medicine, Neuroradiology, Neurology and other specialties.

On April 18th, Dr. Daniel Riew of Washington University, St. Louis (*above center, with Madigan Army Hospital physicians*) presented what Chairman Jens Chapman M.D. called our "best Spine Grand Rounds ever." He wrote to Dr. Riew "you set a new standard -- fantastic topic, outstanding content and delivery." Dr. Riew also visited with our colleagues at Madigan Army Hospital in Tacoma.



*(above) Drs. Michael Lee, Richard
Bransford, and Guest Speaker
Dr. Daniel Riew*

*(left) Drs. Darin Davidson, Mike Lee,
Rick Matsen, and guest*



*At left: a March 20th dinner with Dr. Alan Hilibrand, our March **Spine Grand Rounds** speaker, at Siam On Eastlake. Attendees (L to R) were: Zhanyong Wu (visiting surgeon from China), Jens Chapman, Tarek Radwan, Wally Kregel, Ted Wagner, Alan Hilibrand, Amit Patel, Carlo Bellabarba, Alfredo Soriano (visiting Spine Fellow from Buenos Aires, Argentina), Richard Bransford, Harsha Malempati and Brian Gilmer. Not pictured: Reza Firoozabadi.*

Award-Winning Medical Students: Sara Van Nortwick received the Orthopaedic Department's Codman Award, given to the medical student most likely to make academic contributions to Orthopaedic Surgery. Dr. Van Nortwick was honored for her creativity, and ability to: write and communicate clearly, define a question and make a plan for answering it, read Orthopaedic literature critically, present effectively to a live audience, and demonstrate professionalism.

Adam Rothenburg was given our Harryman Award, named in honor of our late colleague Douglas Harryman M.D. Dr. Rothenburg was chosen as the medical student who best represents the characteristics we value in Orthopaedic Surgeons: Professionalism, integrity, the ability to communicate effectively, teamwork, clinical skill, technical skill and life balance.

Visitors: Five international physicians, Drs. Ferdiansyah Mahyudin (Indonesia), Ewe Juan Yeap (Malaysia), Paul Cesar San Pedro (Phillipines), Piya Kiatissevi (Thailand), and Lau Leok Lim (Singapore) observed and spoke at Harborview and UW Medical Centers June 10th and 11th!

Spring 2012 Grand Rounds Sessions

April 4 Grand Rounds: "Compartment Syndromes: Are they still a problem?" was presented by Drs. David Barei, Kyle Chun, and Benjamin Starnes (Chief, UW Vascular Surgery), with commentaries by Drs. Ted Hansen and Rick Matsen.

May 2 Grand Rounds: "Making progress in Orthopaedic Trauma care. New insights from major multicenter studies" was presented by honored guest speakers Michael Bosse, M.D. (Orthop Carolinas in Charlotte) and Ellen MacKenzie, Ph.D. (Johns Hopkins, Baltimore).

Grand Round Broadcasts on UWTV

UWTV Broadcast Times: Sundays 5:00 a.m., Mondays 7:00 a.m., Thursdays 6:00 a.m. For links to the Grand Rounds series, please visit our Orthopaedics Website, www.orthop.washington.edu!

Faculty & Staff News

Welcome Drs. Justin Klimish and 'TJ' Tanous Jr.



Northwest Hospital Colleagues: Drs. Kevin Smith, Bob Clawson, Justin Klimish and T.J. Tanous Jr.

We are very pleased to announce the successful recruitment of two new colleagues for our rapidly expanding UW Medicine Adult Reconstruction Surgery service at Northwest Hospital.

Justin Klimish, M.D. hails originally from North Dakota. He attended the University of Texas at Galveston, where he also completed his Orthopaedic residency in

Thomas Louis 'TJ' Tanous Jr., M.D. comes from Denton, Texas and received his Doctorate in Medicine from the University of Texas, Houston in 2004. He completed residency at UTMB in Galveston, TX in 2009, and then an Adult Reconstructive Surgery Fellowship at the Scripps Clinic in San Diego, CA in 2010. He joined Justin at the Bone and Joint Clinic at NWH in building up a dedicated Adult Reconstruction Surgery practice from the ground up.

Both join us this first week of July as full-time Clinical Assistant Professors based at our UW Medicine Joint Care Center at NWH, and will participate in our educational programs as well as pursue their interests in developing guidance systems for increased accuracy in arthroplasty positioning and novel biomechanical loading concepts to increase implant survival. Together with partners Howard Chansky, Seth Leopold and Paul Manner, they will significantly expand our ability to address the increasingly wide-ranging needs of our Hip and Knee arthritis patients, and reconstruction-related problems across our sizeable UW Medicine system.

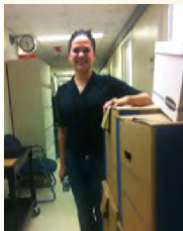
2009. He went on to an Adult Reconstructive Fellowship at Baylor College in Houston in 2010, and has been in private practice at NWH's Bone and Joint Clinic since then. Justin served with distinction in our Airborne Infantry from 1989–1993 and then entered the field of Medicine as a Physicians Assistant, prior to attending Medical School.



Our Research Scientist **Amy Cizik, MPH** (also a Ph.D. grad student in School of Pharmacy's Research and Policy Program) has been awarded a Thomas Francis Jr. Travel Fellowship from the **Dep't of Global Health**.

Amy will work in the Muhimbili Orthopaedic Institute in Dar Es Salaam, Tanzania, developing novel outcomes research tools using smart phone technology. This project is in conjunction with **SIGN Fracture Care International**, a visionary initiative to bring effective and affordable orthopaedic trauma care to low- and middle-income countries.

Dr. D.K. Clawson, our first Chairman, and wife Janet are bidding farewell to Seattle after selling their houseboat "Suite Sixteen"!



Our 10th Floor Montlake Offices are being renovated this summer! The administrative offices are temporarily located in E-309, E-311, and E-313. At left, Manager **Calina Garcia** on moving day.

Dr. Douglas P. Hanel received the Best Poster Award in the Hand & Wrist Category at the 2012 AAOS Meeting in San Francisco this February. The honor was for "Comparison of Three Injection Techniques for Ulnar Nerve Blocks at the Wrist: A Cadaveric Study" by Dr. Hanel and our current residents Edward Moon MD and Nicholas Iannuzzi MD.

Jerry Huang M.D. was the keynote speaker at The Arthritis Foundation's Journey to a

Cure Breakfast on May 9th. The foundation is marking its 10-year anniversary by celebrating advances in arthritis research and treatment. Our department has been a great supporter of the Arthritis Foundation, and active participant in the Breakfast!

Brad Henley M.D. has been appointed to the Board of Directors of WaSOA (WA State Ortho Association), where he will represent the Department!

Third-year resident **Paul Kim M.D.** published an In Brief article in CORR (Clinical Orthopaedics and Related Research).



Additionally, Dr. Kim and his wife took a great spring trip to Macchu Piccu (*photos above*). They took a six-day hike lasting 36 miles, and ate guinea pig on the way.

Congratulations to **Pat Maxwell** (Specialty Clinic Administrator, Eastside Specialty Center), UWMC's March 2012 Employee of the Month!



Administrator of Ambulatory Clinics Grace Parker (*above left*) presented Pat with her award. At right is EOM Committee Chair Pam Brown.

The Employee of the Month Award is based on UWMC's A.R.I.S.E. values – Accountability, Respect, Innovation, Service, and Excellence. Associate

Azhar University International Pediatric Foot Symposium in Cairo, Egypt in October 2011. He was also Guest Speaker at the International Course on the Child and Adolescent Foot in Sao Paulo, Brazil this March!

Dr. Mosca was also a Visiting Professor at the Shriners Hospital and the University of Utah Department of Orthopedics, both in Salt Lake City, in April.



Milton "Chip" Routt M.D. attended the annual AO Pelvic & Acetabular Course in Toronto this May.

Above: Dr. Routt (*center*) with Drs. Marvin Tile and Hans Kreder. Below: photo from the faculty dinner. Dr. Routt also spent the weekend of May 19th in Anchorage, AK, at a Regional Trauma meeting.



The Spring Staff Appreciation Party was held May 4th at the Waterfront Activities Center. (*Below left*) Bill Abelson and Karl Engdahl; (*right*) CSG Student Assistant Garrett King.



Faculty & Staff News

Hard-Boiled Nor'easterers Talk Sports: The Goldberg-Abelson Dialogue

On May 23rd, Montlake Receptionist (and Husky baseball PA announcer) Bill Abelson sat down at Seattle Childrens Hospital with Clinical Professor Michael Goldberg, M.D., to talk sports. Both gentlemen hail from the Northeast (Bill from Connecticut, Dr. Goldberg from Brooklyn). Here is their attempt at a Socratic Dialogue on the topic of: The Northeast vs. Northwest Sports Fan.

MICHAEL GOLDBERG, M.D.: I was an avid Brooklyn Dodger fan, and I had great baseball experiences that way. The 1949 World Series (Yankees-Dodgers), I went to one of the games. But I never forgave Walter O'Malley for moving the Dodgers to Los Angeles. I didn't know quite what to do. I was a Resident at Columbia-Presbyterian when the New York Mets came (into being in '62), and I went to their first game at the Polo Grounds rather than taking my Pathology exam. Everyone in New York understands baseball, so the professor said "Of course, why didn't I think of that? You can take the exam tomorrow." And so there is perhaps one of the East-West Coast differences... that sports is in the fabric of the community.

Then after residency I moved to Boston for Orthopaedics, and...the culture there was Red Sox Nation, and so I became a season ticket holder in 1967. And I don't think there's a difference between Yankees and Red Sox fans, I don't think there's any battle. Because the Red Sox are better. Can we agree to that?

BILL ABELSON: Without commenting on that assertion, Michael, '67 was the dawn of my fan-

dom. And I don't remember there being this whole Yankee vs. Red Sox hatred at the time. That whole (hatred) business, I don't remember that until 1977 when both teams were very good and competing for the title.

MG: Well, social culture changes -- 30,000 people chanting "Yankees Suck!" has my mother spinning in her grave, God rest her soul. Because (in the 50's) that was just not the (social) ground rules, people were avid but still somewhat genteel in terms of the violence of the fans, of language.

Here on this coast, rivalries you could (attend) both home and away, doesn't exist. Distance is greater. New York vs. New York, New York vs. Philly, just stay on the train for an hour. Where do we go? Oakland? Is that our closest baseball competitor?

BA: One could argue about whether that's healthy or unhealthy. My observation about the Northeast vs. Seattle fan is: Seattle has hardcore fans for the Mariners and Seahawks, and the Huskies have their own culture. People who listen to sports radio, who died when the Sonics left and are dying for them to come back. But it seems a distinct minority. In the culture-at-large, Seattle is more willing to lose. In a positive light, you might say they have sports more in perspective. It's just part of life, they might like to win, but they don't live and die with it as much as a New York or Bostoner. 'Cuz there's more to do here -- a poetry reading to go to, theater, a boat to sail. The San Juans to explore. Acupuncture.

MG: I would disagree. I say the passion (for) baseball and sports in New York and Boston exists for the opera, and museum, and for Off-Broadway, jazz, for hanging out, for eating. It's a passionate climate, and an unwillingness to lose. So they demand of the Metropolitan Opera, and Museum of Fine Arts in Boston, and public space (for) stores; not a desolate downtown (like) here. And I might argue the willingness to lose of the sports fan is the same willingness to lose a downtown, lose public transportation, give up on urban, important items. The P-I, willingness to lose that. Move things outside the downtown core. Just so they can, perhaps...wander in their loneliness alone. They can go off and look at nature alone, and sports is a communal activity.

BA: Very much so. On the field and in the stands.

MG: Yes. And if you love communal activities, the passion of sports extends to life. Thinking about life. Being an urban center, which is what New York and Boston are. That's why I think we're the same, Bill, (whereas Seattle has) a love of solitude, nature, doing things by yourself.

BA: Well I love that too, but I have a need for both.

MG: Yes! I'm not saying one or the other, we're talking about differences. It is: "Hi, I'm going kayaking this weekend, what are you doing?" compared to "Let's go to the ballgame or the movie."

BA: I think that's a perfect note to wrap up on, philosopher Goldberg!

Musings...

For this, the 10th issue of the Orthopaedics & Sports Medicine eNewsletter, Co-Editors Calina Garcia and Bill Abelson were asked by Chairman Jens Chapman, M.D., to reflect on the publication's history. Our first issue appeared on April 1st, 2010!

Q: How do you think the newsletter has evolved?

Bill: I think the content mission has stayed constant throughout (see my answer below) but the "look" has become far more creative and interesting, because Calina is a graphics & layout genius!

Calina: Interest in contributing to the newsletter has increased tenfold. In the beginning, Bill and I had to actively seek out and create content. Now, our faculty and staff send us photos and content as soon as they return from a conference or family vacation!

Q: What do you think the value of the newsletter is for the Department?

Bill: First, the eNewsletter is Jens' baby and brainchild. Being a visionary, when he be-

came Chairman he wanted a publication that would reach the Orthopaedic community at large. Not in a dryly academic way, but with an accessible writing style and fun tone, to connect with a more general Orthop audience. So Calina and I have tried to make the publication visually appealing and upbeat, as well as professionally relevant. It's important to spread the word that our Faculty are extremely active in a remarkable range of professional endeavors, many of them of global scale. On top of that, Jens wants to highlight more personal activities like department parties, camping trips, births, and even new pets... so I guess we're a cross between Time and People magazines!

Calina: The newsletter is our Department's virtual water cooler; a place where we can mark life milestones, celebrate academic accomplishments, herald our collective victories, and simply learn more about each other. I think the eNews has helped us create a sense of community and a collective identity.

Q: Final thoughts?

Bill: Calina and I make a great editing

team 'cause we quickly figured out that her expertise is visual, and mine is text. We're just like The Stones, where Keith writes the tunes and Mick the words! Lastly, I'm leaving the department but my replacement Sarah Timmons will do an absolutely wonderful job with the eNews. Sarah's extremely bright and creative, and her arrival means everything will be "onward and upward"!

Calina: I'm going to miss Bill's editing and writing genius. If interviews seems less clever and photos are a bit larger in the next edition, it's because of Bill's absence. The eNews won't be the same without him.

Second, the newsletter would not be possible without the enthusiasm and support of our Chairman. Jens totes his camera to almost every Department event and, jokingly, refers to himself as the Department's paparazzi. I truly appreciate his contributions.

Faculty & Staff Publications

Publications - Peer Reviewed:

Barei DP, Beingessner DM. Open distal femur fractures treated with lateral locked implants: union, secondary bone grafting, and predictive parameters. *Orthopedics*. 2012 Jun 1;35(6):e843-6.

Agel JA, Bransford RJ. Is there value in routine administration of outcome questionnaires? *Evidence Based Spine Care Journal*. 2012 Feb;94(4):13-17.

Bransford RJ, Koller H, Caron T, Zenner J, Hitzl W, Tomasino A, Mayer M. Cervical Spine Trauma in Diffuse Idiopathic Skeletal Hyperostosis (DISH) - Injury Characteristics and Outcome with Surgical Treatment. *Spine (Phila Pa 1976)*. 2012 Apr 24. [Epub ahead of print]

Cizik AM, Lee MJ, Martin BI, Bransford RJ, Bellabarba C, Chapman JR, Mirza SK. Using the spine surgical invasiveness index to identify risk of surgical site infection: a multivariate analysis. *J Bone Joint Surg Am*. 2012 Feb 15;94(4):335-42.

Ehsan A, Huang JI, Lyons M, Hanel DP. Surgical management of posttraumatic elbow arthrofibrosis. *J Trauma Acute Care Surg*. 2012 May;72(5):1399-403.

Fehlings MG, Smith JS, Kopjar B, Arnold PM, Yoon ST, Vaccaro AR, Brodke DS, Janssen ME, **Chapman JR**, Sasso RC, Woodard EJ, Banco RJ, Massicotte EM, Dekutoski MB, Gokaslan ZL, Bono CM, **Shaffrey CI.** Perioperative and delayed complications associated with the surgical treatment of cervical spondylotic myelopathy based on 302 patients from the AOSpine North America Cervical Spondylotic Myelopathy Study. *J Neurosurg Spine*. 2012 May;16(5):425-32. Epub 2012 Feb 10.

Hansen ST Jr., Carr James B. *J Orthop Trauma*. 2012 Apr;26(4):261.

Harvey E, Audige L, Herscovici D Jr, **Agel J**, Madsen JE, Babst R., **Nork S**, Kellam J. Development and Validation of the New International Classification for Scapula Fractures. *J Orthop Trauma*. 2012.

Huang JI, Hanel DP. Anatomy and biomechanics of the distal radioulnar joint. *Hand Clin*. 2012 May;28(2):157-63.

Kennedy SA, **Allan CH.** In brief: Mayfield et al. Classification: carpal dislocations and progressive perilunar instability. *Clin Orthop Relat Res*. 2012 Apr;470(4):1243-5.

Miller AN, **Barei DP**, Iaquinto JM, **Ledoux WR, Beingessner DM.** Iatrogenic Syndesmosis Malreduction Via Clamp and Screw Placement. *J Orthop Trauma*. 2012 Apr 28. [Epub ahead of print]

Miller AN, **Krieg JC, Chip Routt ML Jr.** Lateral Sacral Imaging in the Morbidly Obese. *J Orthop Trauma*. 2012 May 29. [Epub ahead of print]

Richard MJ, Katolik LI, **Hanel DP**, Wartinbee DA, Ruch DS. Distraction plating for the treatment of highly comminuted distal radius fractures in elderly patients. *J Hand Surg Am*. 2012 May;37(5):948-56. Epub 2012 Apr 4.

Segal AD, Shofer J, Hahn ME, Orendurff MS, **Ledoux WR, Sangeorzan BJ.** Functional limitations associated with end-stage ankle arthritis. *J Bone Joint Surg Am*. 2012 May 2;94(9):777-83.

Publications - Book Chapters:

Bellabarba C, Bransford RJ, Chapman JR. "Occipitocervical and upper cervical spine fractures." *The Cervical Spine*. Edited by Francis Shen, MD; Dino Samartzis, DSc, PhD; and Richard G. Fessler, MD. Elsevier, 2012.

Chapman JR, Patt J, Bransford RJ. "Odontoid fractures." *The Cervical Spine*. Edited by Francis Shen, MD; Dino Samartzis, DSc, PhD; and Richard G. Fessler, MD. Elsevier, 2012.

Presentations:

Bellabarba, C. Lecturer: Cervical Spine Lab: "Posterior occipito-cervical fixation," "Suboccipital Trauma – Occipito-cervical dissociation," "Suboccipital Trauma - Odontoid fracture," "Lumbar degenerative disease – Disk herniation," and "Lumbar spine lab – Posterior lumbar and spino-pelvic fixation." AOSpine Principles and Treatment of Spinal Disorders for Residents. New Orleans, LA. January 20-21, 2012.

Bellabarba, C. Lecturer: "Complex upper cervical fractures." Current Topics in Cervical Trauma Webinar. January 23, 2012.

Bellabarba, C. Lecturer: "Fractures of the lumbosacral region. Thoracolumbar Fractures: Evaluation and Management from ER to Rehab - Instructional Course # 252," and "Complication avoidance during sagittal plane deformity correction. Advanced Surgical Techniques for Sagittal Plane Deformity - Instructional Course # 55K." 79th Annual Meeting of the American Academy of Orthopaedic Surgeons. San Francisco, CA. February 8-11 2012.

Bellabarba, C. Lecturer: "American Spinal Injury Association (ASIA): Understanding the management of complex sacral fractures." AAOS Federation of Spine Associations Specialty Day. San Francisco, CA. February 11, 2012.

Bellabarba, C. Lecturer: "Current concepts in thoracolumbar trauma." AOSpine Controversies in Complex Spine Surgery, Snowbird, UT. February 16-18, 2012.

Bellabarba, C. Lecturer: "Thoracolumbar Trauma Debate: Posterior approach is safest and most predictable," and "Degenerative Spondylolisthesis: When to decompress only and when to fuse." 8th Annual NASS Evidence & Technology Spine Summit, Park City, UT. February 22-25, 2012.

Bellabarba, C. Lecturer: "The evolution of occipito-cervical trauma over 15 years," "Complex sacral fractures with spino-pelvic dissociation," and "Controversies in spine trauma." Annual Jo Miller Visiting Professorship: McGill University, Montreal, QC Canada. March 29-30, 2012.

Faculty & Staff Publications

Presentations (Continued):

Bellabarba, C. Lecturer: “Suboccipital Trauma – Occipito-cervical dissociation,” “Suboccipital Trauma - Odontoid fracture,” and “Lumbar spine lab – Spino-pelvic fixation.” AOSpine Principles and Treatment of Spinal Disorders for Residents. Las Vegas, NV. April 27-28, 2012.

Bellabarba, C. Chair: AOSpine Advanced Techniques in Complex Pediatric Spine Surgery - A Hands-on Human Anatomic Specimen Course, Miami, FL. March 23-24, 2012.

Bellabarba, C. Lecturer: “Pelvic Fixation Techniques.” Case Discussion Moderator: “Occipitocervical pathology; cervical osteomyelitis; lumbar stenosis with sagittal plane deformity; cervical spine fracture with ankylosing spine conditions.” Cadaver Lab Moderator: “Posterior lumbar osteotomies; spino-pelvic fixation; sacral amputation.” Cadaver Lab: “Posterior thoracic en bloc spondylectomy; costotransversectomy; vertebral column resection.” AOSpine Advanced Techniques of Spinal Resection and Reconstruction. Burr Ridge, IL. May 11-12, 2012.

Bellabarba, C. Lecturer: “Evidence-based approach to ACDF versus total disc replacement for single-level disc herniation,” “Cervical spondylotic myelopathy: multilevel ACDF & plating technique,” “The juvenile degenerative spine – moderator,” and “Management of spondylolisthesis.” AOSpine Masters Symposium: Degenerative Spine Conditions. St. Petersburg, Russia. May 23-24, 2012

Brage ME. Lecturer: “Surgical Treatment of Rheumatoid Disease of the Foot and Ankle”: Instructional Course Lecture, American Academy of Orthopaedic Surgeons 2011 Annual Meeting, San Diego CA, February 18, 2011.

Brage ME. Lecturer: “Ankle Osteochondral Lesions”: Ninth Annual Advanced Comprehensive Foot and Ankle Course, Ft. Lauderdale, FL, May 11-13, 2012.

Bransford RJ. Lecturer: “Adult deformity: Management,” “Outcome measure in spinal surgery.” 2012 Salzberg Weill Cornell Seminar in Spine Surgery. Salzburg, Austria. January 22 – 27, 2012.

Branford RJ. Lecturer: “Subaxial cervical fractures,” and “Operative approach in the management of thoracolumbar injuries.” Instructional Courses: “Traumatic injuries of the cervical spine – controversies and updates,” and “Thoracolumbar fracture: Evaluation and management from the ER to Rehab.” AAOS Annual Meeting. San Francisco, CA. February 8, 2012.

Bransford RJ. Co-Chair: Principles and treatment of spinal disorders for residents and fellows (AONA/AO Spine NA). Las Vegas, NV. April 27 – 28, 2012.

Hanel DP. Lecturer: “Complex elbow injuries: New techniques for operative management and avoiding complications” and “What cannot be fixed with a volar plate.” AAOS Annual Meeting, San Francisco, CA, February 8, 2012.

Hanel DP. Invited Speaker: “Combined complex injuries of the wrist,” and “Heterotrophic bone: Stiff elbows.” Loyola Blair Lecture. Chicago, IL. March 15, 2012.

Hanel DP. Participant/Group Discussion: “Elbow fractures/dislocations.” Participant/Team Discussions: “Clash of the Titans (soft-tissue injuries: Elbow reconstruction.” Participant/Team Discussion: “Distal Radial Fractures.” Snowmass, CO. March 20 – 22, 2012.

Hanel DP. Lecturer: “Reduction maneuvers during volar plating – distal radius.” AONA St. Louis Fracture Management Course. St. Louis, MO. May 18 – 19, 2012.

Nork SE. Chair: “Operative treatment of pilon fractures,” “Elbow fracture dislocations,” “Complex proximal humerus fractures,” and “Malunions, nonunions, and complex injuries.” AO Solutions for Failed Fixation Course. San Francisco, CA. April 11 – 14, 2012.

Nork SE. Lecturer: “Atypical fractures case panel,” and “Infection and nonunion case panel.” Asia Pacific Experts Symposium. Hong Kong. May 11 – 12, 2012.

Nork SE. Lecturer: “Correction of malunions: Osteotomies, plates and nails,” “Choice of surgical approach and fixation in pilon fractures,” “Reduction techniques in complex tibial plateau fractures,” and “Techniques for definitive fixation of common pelvic ring injuries.” Brazil Congress of Orthopaedic Trauma Annual Meeting. Floianopolis, Brazil. May 17 – 19, 2012.

Tech Talk

Please join us in welcoming Felicia Mehl to our CSG team full-time starting July 16! Felicia has been working with us since the beginning of 2012 part-time, redesigning the [Orthopaedics website](#), and will continue to improve our site & services.

With Felicia’s becoming full-time we can work on expanding services. One of the biggest items we would love to encourage is our video editing and filming services. The CSG, in particular Jason Black, will provide support to any doctor or PA who would like to interview a patient and get their success story out to the world. We’ll provide assistance from start-to-finish, ideally ending up with a 3-10 minute

clip that can be used to promote our services and physicians.

If you are interested in knowing more about the CSG and the services we offer, please contact me either via phone, (206) 685-4350 or email: acherone@uw.edu. Or, simply stop by my desk, which for the next few months will be located in BB-1002!

- *Arien Cherones, Manager, Computer Support Group*